



# ACW Launching Out

## OUR PURPOSE

• To unite women in a fellowship of worship, study, and offering which will deepen and strengthen their own spiritual lives, and lead them into Christian service in parish, community, diocese, nation, and world.

• To work for and sustain an informed interest in the mission of the Church.



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MCKNIGHT PHOTO

## QUIET DAY AT THE GALLERY

Nancy Robinson and Bonnie Sparks of the Parish of Richmond admire artwork by Maria Doering at the Andrew & Laura McCain Art Gallery in Florenceville-Bristol during the ACW Quiet Day Sept. 2. About two dozen women attended the event. See the story and more photos on page 9.

*Cathy Lutes* is the new diocesan ACW treasurer.

Any cheques from parish ACW groups should be sent to Cathy at this address:

87 Venus Cres., Hanwell, N.B. E3C 1N1 / 506-459-3265

NOTE: Any parishes that have not received a receipt should contact Cathy.



*Launching Out* is posted on the Diocese of Fredericton web site ([anglican.nb.ca](http://anglican.nb.ca)).  
Members, please post or circulate this newsletter in your ACW branch.



## ST. ANDREWS DEANERY ACW ANNUAL MEETING



The Deanery of St. Andrews ACW gathered this fall for their annual meeting. In the top photo are Grand Manan ACW members Linda Cook, Linda Harvey and Betty Farnsworth.

In the photo at left are Archdeacon John Matheison with Lila Haughn (St. Andrews) and Roberta Allen (St. George).  
Submitted photos

### Book of Remembrance - Roll of Honour

Please notify Linda Collins LeBans and your Deanery representative with the names of those who should be entered into the Book of Remembrance. If you would like to put a member on the Roll of Honour, please contact Linda at 506-454-2649; email: [lclebans@gmail.com](mailto:lclebans@gmail.com) or 55 Woodfield Crescent, Fredericton, N.B. E3B 2N2

*Please allow sufficient time for Roll of Honour certificates.*



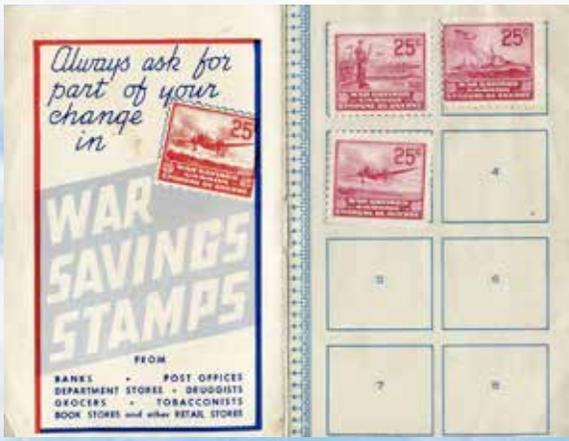
## *ACW Launching Out*

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Diocese of Fredericton  
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Submit articles up to 600 words.  
Articles may be edited as necessary for length and clarity. Please send to:  
Gisele McKnight, editor,  
< [gmcknight@diofton.ca](mailto:gmcknight@diofton.ca) >

115 Church St., Fredericton, NB E3B 4C8



*We will remember them*



**Clockwise from top left:**

The war effort at home in Canada, by Wayne Ray; Official photo of Vimy Ridge in 1917, by Jack Turner; Canadian soldiers on a tank. First World War, France 1918; A Canadian honour guard carries the remains of Canadian army Pvt. Sebastien Courcy during a sundown ceremony at Kandahar Air Field, Afghanistan, July 17, 2009. Courcy was killed in action July 16, photo by Mass Communication Specialist 1st Class Chad J. McNeeley, U.S. Navy; Canadian soldiers on Juno Beach, D Day, June 1944; Canadian Women's Army Corps celebrating VE Day in London; Canadian soldiers, all members of the 14th Battalion, killed over several days in May 1916.  
All photos: commons.wikimedia.org/

# Fredericton-York ACW Annual Deanery meeting report

SUBMITTED BY  
CAROL WILSON

Amid a splendour of autumn foliage and warm sunshine the Fredericton-York ACW Deanery travelled to the Village of Stanley to St. Thomas Church on October 16. Twenty-eight ACW members from all nine branches of the deanery answered roll call for our annual meeting.

Our day began with registration and refreshments at St. Thomas Hall. Holy Eucharist, with celebrants Archdeacon Wandlyn Snelgrove and the Rev. Canon Bonnie LeBlanc, took place at 10 a.m.

Archdeacon Wandlyn Snelgrove delivered a moving sermon on the analysis of our theme selected from Hebrews 13: 1-2 - "Loving and caring for a stranger gives us a chance to entertain angels."

The meeting came to order welcomed by president Carol Wilson, assisted by secretary Irene Colford. Special guest was Linda Fury, the diocesan ACW president from Sackville.

Judy O'Donnell, administrator of Farraline Place, addressed the ladies with an update on the home, describing it as a "big house of 20 bedrooms



MCKNIGHT PHOTO

Anne Wetherilt explains the prayer shawl ministry in the Parish of Stanley during the deanery meeting Oct. 16.

and a welcoming atmosphere."

She encouraged our attendance at the Farraline Gala (Saturday, Oct. 19). She thanked all ACW members for their continual support of Farraline Place.

Following a delicious lunch,

Ann Wetherilt intrigued us with an illustrated talk about the Parish of Stanley outreach program, their Prayer Shawl Ministry.

Dozens of shawls were on display. She explained how several ACW members go to

the local nursing home and knit with the ladies there several days each month.

Mandy MacKinnon, president of the Just Friends Food Bank in Stanley, addressed the members, describing the need of a food bank in a small village with a population of 400. She gratefully acknowledged the support received from donors and her amazing volunteers.

Our guest speaker for the afternoon was the editor of *Launching Out*, Gisele McKnight. Her topic was "Using our Voices." Her life as a reporter taught her the power of words. She shared her wisdom with us of the powerful effect of our voices as Anglican Church Women.

The morning offering of \$226 (by motion) was increased to the amount of \$300 and was then divided equally between Farraline Place and the Just Friends Food Bank in Stanley.

The Courtesy Committee concluded the day, thanking the organizing committee for their fellowship and inviting all to attend the 2020 annual deanery meeting at St. Margaret's Anglican Church in Fredericton.

Carol Wilson thanked all for their attendance and wished all a safe journey home.



BOB LEBLANC PHOTO

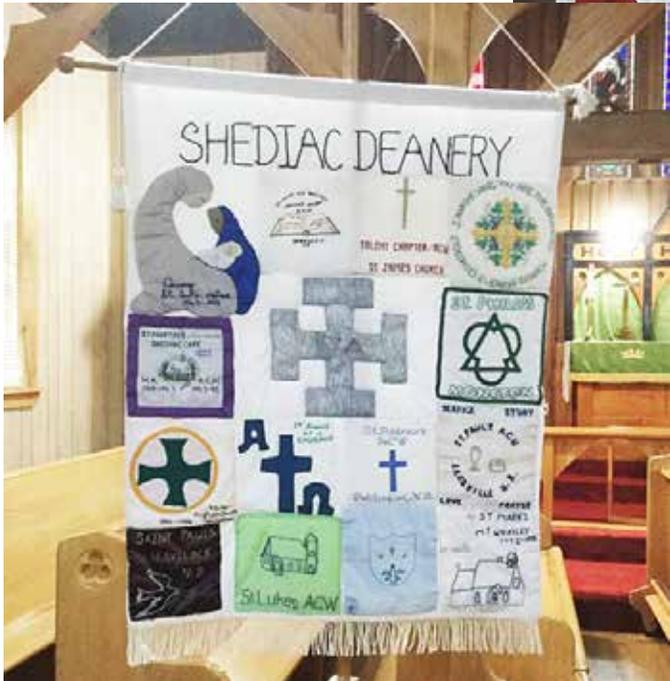
## A WINTER WARM-UP

The ACW of the Church of the Good Shepherd in Florenceville-Bristol (Parish of Wicklow, Wilmot, Peel & Aberdeen) held a clothing drive earlier this fall, and then held a warm winter clothing "sale" Oct. 19. People in need were invited to come and shop for free. The clothing was for toddlers to adults, and shoppers enjoyed coffee and muffins while they shopped.

# SHEDIAC DEANERY ACW REPORT



MCKNIGHT PHOTO



SUBMITTED PHOTO

The Shediac Deanery ACW held its 62nd annual meeting on Oct. 2 at St. Andrew's Anglican Church, Petitcodiac. The meeting was hosted jointly by St. Andrew's ACW and St. John's ACW in the Parish of Salisbury and Havelock. There were 50 ACW ladies registered plus three guests and at least four priests. The day began with a service of Holy Communion led by the Rev. Chris Hayes, assisted by the Rev. Barb Haire, followed by meetings until noon when we all enjoyed a delicious meal. After lunch we enjoyed a thought-provoking presentation by diocesan communications officer Gisele McKnight, stressing that we as women do have a voice and we should use it. The theme for the day was "We are God's Handiwork." Christine from the Catholic Bookstore was in attendance and the ladies enjoyed shopping at her table. The business meeting wound up with the installation of the new officers for next year.

## Kingston and the Kennebecasis Deanery ACW report

The 65th annual meeting of the Kingston and the Kennebecasis Deanery ACW was held on Thursday, Sept. 12 at Church of the Ascension, Lower Norton.

Registration and fellowship began at 9 a.m. at North Shore Community Hall. Annual dues and "Change for Paul" were collected.

Refreshments were served by the host ACW and were enjoyed by ACW members and the clergy. There were 41 members in attendance from 13 branches.

At 9:45 a.m. we all proceeded to The Church of the Ascension on Norton Shore Road for the service of Holy Eucharist (BAS), celebrated with the Ven. Rob Marsh. Music was provided by Glenna Geer.

Following the service, Rosemary Kingston welcomed and introduced Joanne Renton from Sophia Recovery Centre for Women.

The centre is located at 8 Hazen Street in Saint John. The centre is a non-residential facility for women 16 years of age and older and open through the day.

The centre is for all women who suffer from addiction of any kind: alcohol, drugs, food, gambling and so on.

Peer recovery coaches use the 12-step program that includes education, fellowship and individual coaching. There is no cost and no wait list.

At noon we returned to the community hall for lunch and the business meeting.

A lovely lunch was served

and enjoyed by the ACW members and the clergy.

The business meeting was opened by Rosemarie Kingston at 12:50 p.m. with the ACW prayer.

Rosemarie introduced Diocesan ACW president Linda Fury, Diocesan secretary Diane Todd, Joyce McElman and many others who have served as executive members of the Diocesan and/or the Deanery ACW.

The Parish of Kingston will be hosting in 2020; therefore, Grace Smith will be head of the committee, and it was decided that the committee members would include past president Rosemarie Kingston, president Grace Smith, vice-president Jean MacDonald, secretary-treasurer Paula Adams,

and committee member Nancy Floyd, from Holy Trinity Hammond River, host for 2021.

The Venerable Rob Marsh inducted the 2019/2020 committee. Jean MacDonald conducted the memorial service for 12 departed members.

Each parish gave a brief highlight of their ACW and the work and missions they do.

Offering for the day was \$304.60. After a brief discussion, it was decided that we round the amount up to \$310 and give it to Sophia Recovery Centre.

Change for Paul — \$774.80 — was collected and will be sent to Fredericton.

The meeting closed with everyone saying the ACW Prayer.

# On The Journey, with Eva Morton

*“This is my body, which is given for you. Do this in remembrance of me.” (Luke 22:19b)*

I always get a lump in my throat on Remembrance Day, especially as I get older.

It could be sentiment; I think of my father, a Second World War navy veteran, and my son-in-law, a two-time Afghan War vet.

It could be the singing of hymns I’ve known since earliest childhood like “O God Our Help in Ages Past.” Most moving of all is the viewing of the “march past” of veterans on Parliament Hill every year, as onlookers clap and the Governor General salutes.

It’s probably all of the above.

It’s good to remember. In fact, it’s biblical. The people of Israel were instructed to do just that — to tell their children and grandchildren their history.

It’s important to tell our stories, to make sure that future generations know what has gone before, not just nationally, but personally. If we don’t tell



our stories, who will?

While I was visiting family on Thanksgiving weekend, I attended a memorial gathering for a dear friend who had died suddenly in September. Shedding tears, sharing stories, reminiscing — precious encounters when gathering to remember those who have had a significant impact on our lives.

It gentles us, reminds us that our life here in this place is fragile and too easily taken for granted. We meet and tell stories to comfort and console, but also to learn and grow from our mutual experiences.



I was actually having a conversation about this just the other day with a long-time friend as we met over coffee. I have discovered that, because I am the oldest of five siblings, I seem to be the one who remembers stuff. I am usually the one others turn to when seeking information about our parents and grandparents.

I keep meaning to write a memoir, or at least record what I know, but time slips away, as in the words of the hymn, “like an ever-rolling stream.”

Jesus told us to remember. In fact, he enacted our most sacred act of remembrance, at the last supper. We all know the words, “Do this in remembrance of me.”

The Church has faithfully obeyed our Lord’s charge. In all the “changes and chances” of its history, this one liturgical rite has remained intact. We meet around the Lord’s Table, and we

remember.

One of the worship songs our parish sings during Holy Communion is actually entitled: “Remembrance” Here’s an excerpt:

*If ever I should lose my way,  
if ever I deny Your grace,  
Remind me of the price You  
paid  
Hallelujah! I’ll live in remem-  
brance...*

Whenever believers meet for the great thanksgiving feast of Holy Eucharist, we are performing an act of remembrance.

So setting aside one day a year, intentionally, as a gesture of remembrance is a very Christian thing to do.

On Remembrance Day, I’m going to take time, not just to honour the veterans of military service, but to remember others who have blessed and influenced my life for good.

**Blessings,  
Eva**

## Woodstock Deanery report

The Woodstock Deanery of the ACW held its annual meeting at St. Luke’s Church in Woodstock on Sept. 10. There were 26 members in attendance including diocesan president, Linda Fury, who very kindly drove a great distance to be here.

The meeting opened with registration followed by a communion service officiated by the Rev. Shirley Noseworthy.

The theme for the meeting was based on Ephesians 4:2. “Be completely humble and gentle; be patient; bearing with

one another in love.”

This theme was evident in the communion message and in the presentations during the day.

The business meeting was conducted by the deanery president, Lois Bramley. Part of the business was to elect a new executive.

It was decided that an executive committee of four from St. Luke’s church would look after the deanery for next year.

Lois thanked our guest speakers from Sanctuary House and Carleton Manor for their



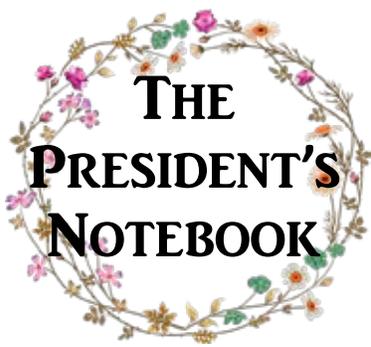
presentations. We learned about the new Sanctuary House being built in Woodstock and about the adult program being offered three days a week by Carleton manor.

Both were very informative and showed the importance of

supporting community members in need.

The day included a lovely lunch and the renewal of friendships across the deanery.

It was very affirming in supporting our role as mission-focused Christians.



Linda Fury

Fall has arrived and is passing very quickly. Throughout September and October, I have enjoyed travelling throughout the province and attending five of our annual Deanery meetings.

I was sorry to have missed the meeting in the St. Andrew's Deanery — I had the wrong date — as well as the Miramichi-Chaleur Deanery meeting, but was well represented by Jill Stewart, our diocesan vice-president.

Each Deanery meeting was different, but in many ways the same. Each branch and Deanery struggles with few members, but work is still being done. No complaining — just they get on with the job!

And what a wonderful job they do. The booklets I brought home gave me a great deal of reading to do and even more

amazement at the fundraising and outreach programs being sponsored.

While going through the five I have, I tried to make a list of all the different fundraising ideas as well as the outreach programs being sponsored. I am sure I have missed many, but the lists are long indeed.

So do not be discouraged, and remember that all women in your church are Anglican Church Women. Maybe they are not able to attend meetings but are willing to help in any way they are able.

Also many men are willing to help us out. We are truly blessed.

See the lists here I took from the deanery booklets. Use them as inspiration, as they have certainly blessed and inspired me!

*Yours in Christ,  
Linda Fury*

## OUTREACH PROJECTS

- Parish budgets
- Sick & shut-ins of the Parish
- Prayer partners
- Cards & gifts to Farraline Home residents, parishioners, friends, Paul Jeffries
- Transition houses
- Council of the North
- The Revs . Terence & Jasmine Chandra's Saint John Central Community Ministry
- Barbecue after Vacation Bible School as well as after parish clean-up
- Children's programs in the church or neighbourhood
- PWRDF
- Sponsorship of families through local food banks
- Homeless shelters
- Breakfast clubs
- Camp Medley & Camp Brookwood
- Supporting rectory & church repairs
- Christmas baskets to sick & shut-ins, as well as families in need
- Outflow Ministry, Saint John
- Bring useful items to the church or hall at each meeting
- Memorials for departed members and members of the community
- Oasis
- Bobby's House
- Joshua Group
- Threshold Ministries
- IWK
- Salvation Army
- Mittens, hats & scarves to local schools
- Diocesan Choir School
- Godly Play Sunday school
- Alzheimer's Society
- Seafarer's Mission
- Fire Watch Ministries
- Community Christmas party
- Donating tied fleece blankets to local Fire & Police Depts.
- Community breakfasts
- Christmas carol sing for all of the community
- Bags of cookies donated to people struggling in the community and/or residents of special care homes
- Local food banks
- Air Cadets
- Gifts/food for needy and struggling all year long
- Women's International Church Council
- Libraries at local schools
- Flowers & decorations for the church
- Inviting members of other church groups to special events

## FUNDRAISING IDEAS

- Suppers/luncheons (beans, ham, scallop; pancake; casseroles)
- Take-out dinners (turkey potpie; chicken salad; cold plate)
- Receptions, catering to dinners, funerals etc.
- Prayer shawls
- Card parties some with desserts available
- Memorial hymn sing
- Pie sales
- Strawberry shortcake tea
- Christmas tea & sales
- Bazaars - Christmas as well as spring or any other time
- Quilting and sale of quilts
- Yard sales
- Flea markets & bake sales
- "No bake" sale
- Silent auctions
- Spring bag auction (\$5 minimum in bags and no peeking!)
- Gift bags (you bring 1 or 2 and pick out 1 or 2 for yourself - \$2 each)
- Tea party at noon
- Caroling at special care homes; present each resident with a lap blanket
- "Loonies in Lent" for Bishop McAllister College
- Yard/bake/plant sales in the spring

Have you got a prayer shawl ministry in your parish?

Let us know for a possible future story:  
gmcknight@diofnton.ca



# Farraline Place Garden party enjoyed by all

BY GISELE MCKNIGHT

After a couple of hot and sunny weeks, the forecast said showers, but that did not deter the staff at Farraline Place from aiming for an outdoor garden party on Aug. 8.

“We prayed and prayed for a good day, and everything is perfect,” said home administrator Judy O’Donnell.

Indeed, the day was perfect for a garden party — light winds, low humidity and a cloud cover that kept the heat at bay.

The annual party was well attended with residents and their families, board members, volunteers, staff and ACW members from all over the diocese.

Farraline Place is an ACW seniors’ home in downtown Fredericton. It offers private room and board to seniors who want to live in a community setting.

The garden party is a much-anticipated event each summer for residents. Staff work very hard in the lead-up to the party to make the day perfect, said Judy.

The theme this year was Summer Carnival, with brightly coloured games for everyone to enjoy, a popcorn machine, a Polaroid camera for shots of residents and family, and a barbecue with hamburgers, potato salad and coleslaw, followed by cake and ice cream.

Councillor Eric Megarity brought greetings from the City of Fredericton.

David Coon, leader of the Green Party of New Brunswick

and the MLA for the downtown riding, was away attending the funeral of Lt.-Gov. Jocelyne Roy Vienneau, but his mother, Iris, and brother, Bill, were on hand to represent him.

Board chair Sharon Simms addressed the crowd.

“I want to thank the residents, family and friends,” she said. “Without them there would be no need to have this garden party.”

She also thanked the North Side Lions Club for their annual donation that helps fund the garden party, but even so, the budget at the home is tight.

“We are a non-government funded organization. Our rental rates are modest, which means we rely on donations,” said Sharon. “I want to thank the ACW for their donations to help us meet our expenses.”

The Very Rev. Geoffrey Hall, dean of Christ Church Cathedral just around the corner, greeted the guests and prayed a blessing on the food and the day.

Diocesan ACW president Linda Fury was a first-time visitor to the garden party.

“The food is delicious,” she said. “I’m very glad I came. I loved the entertainment. I’m very impressed.”

The Calithumpians, a summer theatre group, provided the entertainment. Ten young musicians performed several songs for the crowd, who seems to love the music.

Most of the songs were familiar tunes from the past 50 years, with new lyrics to suit such events as the 50<sup>th</sup> anniversary of bilingualism in



MCKNIGHT PHOTOS



ACW Diocesan president Linda Fury, left, enjoys the afternoon with other ACW members and friends; the gardens are the perfect place to hold the annual summer event; the Calithumpians group entertained everyone with great enthusiasm.

New Brunswick, and the 100<sup>th</sup> anniversary of women winning the right to vote.

For example, they took the Shania Twain hit, “Man, I feel like a woman” and changed the last word to “voter.”

The troupe used tambourines, ukuleles, a keyboard, a dulcimer, bongos, a cowbell

and a base guitar for their music, with many performers playing multiple instruments during the performance.

At the end of the party, Judy was very pleased with how the afternoon had unfolded.

“The residents enjoyed it,” she said. “I always watch their faces.”

# Quiet Day in Florenceville-Bristol

BY GISELE MCKNIGHT

The Diocesan ACW annual Quiet Day was a chance for about two dozen members to gather, share, read, pray, sing, worship and enjoy each other's company.

It was held Sept. 4 at the Church of the Good Shepherd in the Parish of Wicklow, Wilmot, Peel and Aberdeen in Florenceville-Bristol. The day's theme was God's Glory Portrayed In Nature. The Rev. Bob LeBlanc led the service of Holy Eucharist, which began the day and provided the music.

Bob based his homily on Matthew 6:25-34, which begins: "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes?"

"Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?..."

"So much is going on in the world — hurricanes, mass shootings, protests in Hong Kong. How can we not be affected by what's going on in the world?" he asked. "But God says 'don't worry. I am in control. I still call the shots.'"

But there are big questions, 'why' being the biggest, he said, and they are difficult to answer.

"What's God going to do about it? But God asks us, 'what are you going to do about it?'"

Bob listed the many ways worry affects health: productivity, mood, behaviour, and the level of trust we put in God.

"The same Creator of the universe can be trusted with the details of your life," he said.

At the end of the service, Bob led a sing-song, which was much enjoyed by the members.

The day's events include a quiet time for members to choose a devotional book from the large selection available and spend about 30 minutes reading, meditating and praying.

Lunch was a delicious affair of corn



Clockwise from top: Members enjoy time at the Andrew & Laura McCain Art Gallery; reading and meditation; kitchen crew of Clara Pirie, Wilma Inman, Connie Caldwell, Sherry DeMerchant; lunch time; Lois Bramley during a reading.

chowder, chicken soup, biscuits and cakes, put on by ladies of the parish.

After lunch, the group walked a few blocks to the Andrew & Laura McCain Art Gallery to view exhibitions by Maria Doring and Dawn Steeves. Members enjoyed the gallery tour and admired the many pieces of art on display.

The day wrapped up with a devotional meditation by the Rev. Canon Bonnie LeBlanc of the Parish of Stanley.

She described herself as an extrovert on the extreme end of the scale, but "even ex-

troverts retreat," she said. "There are times to 'be still and know that I am God.'"

She led the group through a reflection on the morning homily, through nature and God's care of it, encouraging members, with eyes closed, to be in the moment — to feel, smell, see and experience God's glory in nature.

Everyone thanked the parish organizers Lois Bramley and Wilma Inman and helpers for hosting. The morning's collection of \$195 was earmarked for Christmas outreach in the parish.

# ACW notices

Saturday, Nov. 2 Christmas bazaar and supper at St. Thomas Anglican Church hall, Stanley. Bazaar is from 3-5 p.m. Supper from 4-6 p.m. which includes baked chicken, dressing, cranberries, vegetables, homemade rolls and a variety of delicious desserts. Adults \$12; 12 and under \$6, preschoolers free. Storm date is Sunday, Nov. 3. All proceeds support the Anglican Parish of Stanley ACW.

Saturday, Nov. 2, 11 a.m.-1 p.m. St. Peter's ACW Christ-

mas bazaar and chicken casserole luncheon, 2385 Woodstock Rd., Fredericton. White elephant table, foot table, craft & knitting table. \$10 per person.

Saturday, Nov. 16, 4:30-6 p.m. The ACW of St. Augustine's Church in Chipman will host a turkey supper at the Fish & Game building. Menu: turkey, potatoes, carrots, peas, squash, choice of pies. Adults \$12, children 12 and under \$6, under 6 free.

Saturday, Nov. 30, 11 a.m. – 1 p.m. Turkey pot pie & bazaar at St. Michael and All Angels, Minto. This ACW-sponsored lunch includes a turkey pot pie, biscuit, coleslaw, cranberry sauce, and Christmas pudding for dessert — all for \$6.

## WHAT EVER HAPPENED TO HATS?



A century ago, it would have been unthinkable for a woman to attend church without her hat. Hats were a fashion statement, and a sign of a respectable, well-dressed woman. Men, too, wore hats as a matter of everyday dress. While men always removed their hats upon entering church, women kept theirs on.

But what happened to the custom of hat wearing? In our estimation, by the 1970s, hat wearing was on the wane. But why?

Do you have a story about a favourite hat you wore to church? How many hats did a woman have? And what was the catalyst that saw the near demise of wearing a hat to church?

We'd love to hear from readers on this subject. This topic was suggested by the Rev. Canon Albert Snelgrove, who wondered what ever became of the hat-wearing tradition.

[gmcknight@diofton.ca](mailto:gmcknight@diofton.ca)

## 2019 Advent Series

with Bishop Bill Hockin & Friends

Monday, Dec. 2: Finding My Best Self - Ancestry-Jesus, with Bill Hockin

Monday, Dec. 9: A Grace that Goes Viral, with Dr. Barry Craig

Monday, Dec. 16: Bridging the Gaps, with the Rev. Canon Albert Snelgrove

12:15-1 p.m. - Crowne Plaza Hotel, Fredericton



## Game Changer in Bethlehem

How one life transformed what it means to be human

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HAVE A BLESSED ADVENT AND A MERRY CHRISTMAS



## Reminders from Launching Out

- The deadline for submissions is always the 22nd of the month before publication: Aug. 22 for September; Oct. 22 for November; Jan. 22 for February and March 22 for April.
- Launching Out needs your news! Please consider sharing your news so it can be included in the next publication of Launching Out. Don't hide it under a bushel — let it shine!