



Canadian MOTHERS' UNION

National Newsletter

Autumn 2019
Issue 7

Come and See – Go and Tell

By Kathleen Snow
Worldwide Trustee – Zone B

“Come and see, go and tell.” These words were shared with us by The Most Reverend Laurent Mbanda, Archbishop of Rwanda at the Opening Worship Service for the Mothers' Union (MU) Worldwide Council Meeting in Kigali, Rwanda in June of this year. He informed us that Rwanda was considered “the land of 1000 hills and 1000 smiles” and it was. How fitting that Mothers' Union leaders from 30 provinces worldwide should meet in this beautiful country to reaffirm the essence of who we are and what we do. The Board of Trustees met with Provincial MU Presidents, several observers from around the world and staff from Mary Sumner House to do just that.

The meetings were covered with prayer and worship. We were placed in Family Groups with members from around the world where we gathered each morning and evening to worship. We also met with the Provincial Presidents in our Zonal Groups. In Zone B, I met with the presidents from Canada, USA, West Indies, South America and Brazil to develop an action plan for the coming year.

Mothers' Union is a global, women led, volunteer movement. United in our diversity and living out our faith, we support individuals and families to transform their lives. Embedded in the Church and community, we have unprecedented reach that gives a voice to the stigmatized and vulnerable round the world.

As a membership, we agreed on the impact and change we wish to make across the world in the years approaching our 150th anniversary of the movement in 2026. During our time together and in preparation for this meeting we had listened to the voices of over 200,000 members who over the last two years have worked through the MULO process (Mothers' Union Listens, Observes and Acts) to discern how we will transform the communities where



Left to right: Maria Lee & Sangmok Yang (S. Korea); June Houghton (York); Robert Dawes (MSH Senior Manager Development); Kathleen Snow (Zone B Trustee); Ruth Senonyi (Uganda); and Daisy Chikampa (Zambia) sitting.

we live and work. Based on our work together, we established the following principles:

Our identity: Mothers' Union is a global, women led, volunteer movement. United in our diversity and living out our faith, we support individuals and families to transform their lives. Embedded in the Church and community, we have unprecedented reach that gives a voice to the stigmatized and vulnerable round the world.

I heard from Judith how MU facilitators in the Parenting Program have transformed families in Guyana by establishing support groups where parents learn from each other about parenting. One woman cited, “It helped me to be a good parent” and a father stated that after taking the program, “I realize it is not good to beat children.” See more at <https://www.youtube.com/watch?v=X-kvqvyGVWoM&t=27s>.

We are making a difference:

The differences we aspire to make are in the areas of gender justice,

peace and safety, self-reliance and restored relationships with God, each other, the environment and the stigmatized.

I heard from Thembsie how through the MULO process in South Sudan, more than 200 MU members came together from warring tribes in different areas. By listening to each other and sharing experiences, relationships were

Continued on Page 2

Continued from Page 1

restored and reconciliation between communities occurred.

Our values: Being non-judgemental, loving and compassionate, persevering and bold.

I heard from Catherine of AMARE members (MU members in Northern Argentina) who took to the streets to pray for young men in gangs who were terrorizing their communities. Many of those young men's lives were transformed and communities restored.

Our approach to working in our communities: First to listen and observe, then to mobilize our own and surrounding resources. We will work to equip those around us to meet the challenges they face, and seek to partner with others enabling us to reach more people, more effectively.

I heard from Daisy, an MU member in Zambia. She stated that after the MU-LOA process her members looked for resources within their community, rather than waiting for 'hand-outs'. They lived in a rural area where grass is abundant; they decided to collect the grass, dry it and make it into brooms to sell in the city areas. Daisy said, "God gives us the resources we need wherever we are."

Our priorities for program and advocacy work: Priorities will include supporting people to achieve stable livelihoods, equipping people with skills in literacy and life skills, and gender justice.



MU member (in white uniform) selling bananas at market in Kigali. Mothers' Union assisted her as a widow with 5 children to start up this business to support her family. Felicia Asuamah (Ghana), Dorcas Kanana (Rwanda) and Ruth Senyonyi (Uganda) surround her in smiles.

I heard from June in York, whose members started an MU branch in a prison in their community. Female prisoners were enrolled and meetings were held within the prison walls. Once they left the prisons, they were given their badges and invited to join other branches in their communities.

Our work: Our work will focus on making a difference and will be based on our shared priorities. We commit to good financial management, governance and monitoring, evaluation and learning (MEL).

I heard from Ruth in Uganda, where members in one MU diocese wrote a Prenatal Guide book and ran programs to assist young mothers in getting a good start with their pregnancy and family life. Ugandan members also developed their own provincial MU Constitution and developed leadership training programs for their diocesan presidents.

Creating safe spaces: Creating safe spaces for the vulnerable is a key part of what we do; we committed to a collective policy on Safeguarding, and developing and implementing appropriate procedures in line with the guidelines of the Anglican Church.

At our Worldwide Council meeting we developed a Mothers' Union Statement of Commitment for safeguarding our programs globally, which everyone approved both individually as members and collectively as an organization.

Central Charity: We are an interconnected global



Front row, left to right: Catherine Le Tissier (N. Argentina); Christina Winnischofer and Maria Teixeira (Brazil). Back row, left to right: Judith Spencer Jarrett (West Indies); Kathleen Snow (Zone B Trustee); Mechi Tarragona (Uruguay); Alice Kennedy (Canada); Annie Beckley and Evelyn Alleyne (USA).

movement, sharing with and supporting one another to achieve our common goals. We recognize the need for a central charity to support and coordinate this work and agree to contribute towards the associated costs.

Members at this meeting expressed our continued support for a central body to organize our movement where we have over 4 million members in 84 countries worldwide. Our administrative offices are at Mary Summer House in London, UK; we wholeheartedly reinforced the love and support which we receive and give to the staff at Mary Summer House.

The following scripture was part of our worship booklet and was an inspiration to many of us during our time

together. I have been blessed to have attended this meeting and met so many women and men of faith from around the world. Amahoro! ('Peace' in Kinyarwanda).

We pray that our God will make us fit for what he's called us to be, that he'll fill our good ideas and acts of faith with his own energy so that it all amounts to something. As our lives honour the name of Jesus, may he honour us, by the grace of God. Amen. *Based on 2 Thessalonians 1:11-12 (the Message)*



Left to right: Kathleen Snow; Deborah Munday (MU President Scotland); and Alice Kennedy.

Hello Mothers' Union Canada!

Greetings to all!

I have just been to the 120th anniversary celebration hosted by the MU of the Diocese of Jamaica and the Cayman Islands and then on to the National ACW Conference in Edmonton. The 120th celebration is a major milestone for our Zone. Kathleen Snow, Lilian Ketch, and I attended the event which included a formal banquet and visits to several projects that were created by the branches. We went to a three hour service on Sunday morning in a very open church. Afterwards, we sampled local foods which included fish, jerk chicken or pork, and a vegetable dish. We were served watermelon for dessert at all of our gatherings. Jamaica was so hot that even the Jamaicans were complaining of the heat. We were very thankful that our room had air conditioning!

Much to my delight at the banquet I met two members from St. Paul's Montreal branch, Yvonne Taylor and Lynette Critchlow. Yvonne's mother, Mrs. Iris Vassel, was being honoured for 63 years service in the MU at the age of 101. Isn't that amazing! The organizing committee in Jamaica had plans for us to visit more projects and a Women's Day was scheduled for midweek. I had to leave early as I was travelling to Edmonton for the National ACW Conference. Kathleen Snow shares her rewarding experience attending the 120th celebration in Jamaica with us on page 4 of this issue.

The ACW Conference was a time for me to meet new people and rekindle friendships I had made last year. We started our day with a service at 7:30am and finished at 9:00pm, which made our time very busy. Friday evening we had several guest speakers with PWRDF and the St. John Devry Society giving presentations at a national level. Other presentations were from the diocesan level but could easily be reproduced in



other dioceses. These included giving clothing to people trying to re-enter the work force and a produce market which was set up in the lobby of the Cathedral to serve the inner city neighbourhood. We had a tour of the Cathedral on Saturday and that evening I was part of a smudging ceremony and service called Stepping Stones. This was a Cree ceremony with an Anglican twist. We were entertained with drumming and traditional Cree dancing afterwards which was a very spiritual experience.

I give thanks for your support which allowed me to attend the Mothers' Union Worldwide Council Meeting in Kigali, Rwanda in June. There were over 60 people present including Provincial Presidents, observers, and Mary Sumner House staff. Everyone worked tirelessly all week to achieve principles for the global Mothers' Union to implement until 2026, which will be the 150th anniversary of Central Mothers' Union. Kathleen Snow's article on the discussions at this meeting headlines this newsletter.

Since this is the final newsletter for 2019 it means I need to extend greetings for several celebrations!

I send you all belated wishes for a wonderful Thanksgiving. Our branches and parishes are back in full swing after summer. It was noticeable from your reports to me in the spring that many branches are involved with feeding people. What a great ministry! Even though we have several social services, the need to feed people is still there. It is a great way to create and sustain relationships. Thanksgiving is such a meaningful time of year as we focus on giving thanks in all areas of our lives, while remembering that ultimately all things come from God.

I know many branches will be engaged in the 16 Days of Activism. There are many resources to help branches raise awareness on this topic. It runs from No-

vember 25th to December 10th. Check out <https://www.unwomen.org/en/what-we-do/ending-violence-against-women/take-action/16-days-of-activism> or the Central Mothers' Union website at mothersunion.org. We can help Canada become more aware as we share this information and educate our branches, parishes, and communities.

Next will be Advent and the busy time of preparing for the magic of Christmas! My wish for you all is a Christmas season filled with hope, peace, joy, and love. It is a special time of year; the air is filled with music and lights and people seem nicer. May it last the whole year!

After Christmas we look to Mothering Sunday and Lent. Mothering Sunday is an important day for Mothers' Union members and many branches share the celebration with their parishes by providing refreshments in keeping with the old tradition of mid Lenten season. There are resources on the MU website for both Mothering Sunday and Lent. Please have a look and let us know if they are helpful. If you need paper copies of any of the resource material contact Ann Leland or Heather Miller and they will send you the information by post.

The big event coming is our National Conference in June 2020. We have invited several international guests and we will be hosting a Zone B meeting to coincide with our meeting. We are happy to announce that our Worldwide President Sheran Harper is coming and will be sharing her talents in facilitation. We want this time to be one of learning and sharing stories! Please work toward sending your Branch Leader and as many others as possible. It will be a life changing experience as we gather with our members from across Canada at the University of New Brunswick in Fredericton from June 4th to 7th. I will send e-mails to jog your memories as the date comes closer.

In the meantime, enjoy your branch activities and every now and then "Be still and know that I am God." *Psalm 46:10*

*With every blessing to you all,
Alice Kennedy, President*

120 Years of Faith in Action - HOPE

By Kathleen Snow
Worldwide Trustee – Zone B

Be Proactive, Take initiative and Act with Integrity – PTAI. This was the message from The Rev. Michael Elliott at The Church of the Holy Spirit in the Portmore Deanery in Cumberland, Jamaica.

Alice Kennedy, Lilian Ketch, and I recently attended the 120th Anniversary of the Mothers' Union in the Diocese of Jamaica and the Cayman Islands. It was an honour and privilege to be present and share with our Mothers' Union sisters and brothers in celebrating MU's work in their diocese.

We attended worship on the Sunday morning at Rev. Michael's church in Cumberland. The reading for that day was from Luke 16:1-13 about the rich man and his manager who was dishonest. Rev. Michael called the man a 'scammer'. He was currying favour and trying to be proactive in a time of crisis. Rev. Michael shared that Jesus was suggesting that here was a man in crisis who was focusing on what he had to do, and he did it. Jesus wants us to be proactive disciples who take the initiative and act responsibly in our relationships with him and the world around us (adapted from preacherexchange.com).

Rev. Michael stated that nothing focuses us in life like a crisis and that the challenge for us is how we respond. Our initial prayer is "Lord, have mercy." And rightly so – we must be proactive; first and foremost we must give that control over to our Lord in any situation.

He then went on to speak about taking the initiative. We heard about the MU in Cumberland who ran a Children's Home for HIV Children. He shared how the MU members run the home, managing the staff and providing food daily for the children in that Home - an example of taking initiative and acting with integrity.

We are called to be proactive and to act with integrity. We are meant to do the right thing, and quite often without anyone seeing us. Rev. Michael spoke about how we become a people of HOPE when we do the right thing



Kathleen Snow with the late Mrs. Louise Bailey (Aunt Lou) and Worldwide President Sheran Harper.

and act with integrity. **Helping Other People Endure – HOPE.** We need to listen and be clear on what God is saying to us.

During that worship service there were many MU members in attendance. The congregation was a sea of blue and white - the Mothers' Union uniform colours. I had the privilege of meeting Mrs. Louise Bailey, or Aunt Lou as she was affectionately called. Aunt Lou was 103 years of age and had been a Mothers' Union member for over 60 years! What a joy to meet this lovely lady who had worked most of her life supporting the work of MU in her diocese. She has just recently died and is sadly missed. **Helping Other People Endure – HOPE.**

On our first day in Jamaica I was asked to speak about MU on the local radio station program called Think on These Things (http://www.anglicandioceseja.org/?page_id=11266). Ephena Matthew (Diocesan President of North East Caribbean and Aruba) and I were interviewed by Tony Patel, a distinguished-looking

soft-spoken man with a broadcaster's voice. I noticed when we first met that his hair was long and braided down his back.

When I later spoke with him, I asked him about his children. He mentioned that he had a son who had been missing for over two years. He continued to search for him and had not cut his hair since his son had gone missing. He and his son had always gone to the barber together, and he was not planning on cutting it until he found his son. There was suffering and hope in his eyes. **Helping Other People Endure – HOPE.**

Alice, Lilian and I visited a number of MU projects in the different deaneries. We visited a Kingston Deanery project called the Parent Place at St. Mary the Virgin Church and Elementary School. The school was run by the local MU branch and was also funded by local government. As a result of the Parenting Program, which was facilitated by MU members, a building was attached to the school called the Parent Place, where parents would meet to support one another and participate in the Parenting Program - a very successful parents support group which encourages stable family relationships.

Lilian and I also visited the Clarendon Deanery where we viewed a Skills Training/Income Generating project which the St. Paul's MU members supported/facilitated. Here I met Sadie and Kemesha, two young women who were encouraged to think about what items they could produce themselves to sell at local markets. Sadie was making jewelry and Kemesha was crocheting clothing. Kemesha hoped to open



Ephena Matthew (Diocesan President of NECA - North East Caribbean and Aruba) and Tony Patel of the Think on These Things Program.



Sadie now makes jewelry which she sells at local markets as a result of MU Skills Training.



Kemesha now has her own business selling crocheted items at local markets as a result of MU Skills Training.



Mothers' Union members selling their wares at Skills Training/Income Generating project in Clarendon Deanery.

up her own shop one day and Sadie stated, "I am an entrepreneur!" **Helping Other People Endure – HOPE.**

Lilian and I were also privileged to attend the Women's Conference in Mandeville where I was asked to speak on Women's Health. Many women from all over the diocese shared in this day and celebrated health and healing of body, mind and spirit.

Our Worldwide President Sheran Harper was in attendance as well, and it was a pleasure to be with her at the Celebration Banquet and to share in the work of the MU. We met many other members from St. Jude's in St. Andrew Deanery and YS Falls in St. Elizabeth Deanery. I learned how to speak patois (com mek me hol yu han, man) and

Lilian and I even took a dip in the YS Falls.

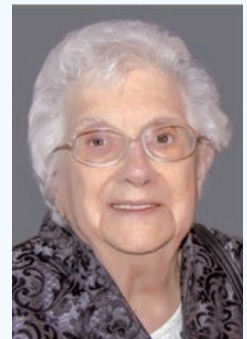
Throughout this trip it was the people we met and the relationships shared that were most meaningful. I will remember the stories from Rev. Michael, Aunt Lou, Tony Patel, the Parent Place, Sadie, and Kemesha. It is heartwarming to experience and realize how MU members are proactive, take initiative and act with integrity around the world. They give **HOPE - helping other people endure**, by the Grace of the Holy Spirit. To God be the Glory!

Good-bye to our Mothers' Union Friend

Submitted by Mary Stone

Florence (Flo) Hare

On Wednesday, April 17th, 2019 at Alderwood Guest Home in Baddeck, NS, St. John the Baptist Mothers' Union North Sydney lost its founding member - Florence (Flo) Hare at the age of 88 years. Flo was a very active member in all matters of St. John's Parish and Mothers' Union was her special baby. The group was incorporated in 1981, consisting of Flo and 11 other young mothers. Flo was known as the "Mother of the Mothers." She was instrumental in bringing about women's involvement in all aspects of the church. She was a Diocesan, Regional and National Representative for Mothers' Union. Her presence will be missed for years to come.



Mrs. Iris Vassel was honoured for 63 years service in the MU. Her daughter, Yvonne Taylor and friend, another MU member, Lynette Critchlow, from St. Paul's MU Montreal, attended the banquet.



Left to right: Kathleen Snow; Mrs. Iris; and Sheran Harper.



Left to right: Yvonne Taylor; Kathleen Snow; and Lynette Critchlow.

Branch Activities: St. John's Milton, PEI Celebrates Mothering Sunday

*Submitted by Phyllis Ford
Branch Leader*

On Mothering Sunday, March 31, 2019, the worship service at St. John's Milton, PEI was led by all members of St. John's Mothers' Union who gave reflections on women of the Bible who served with heart and soul. We shared the fellowship of mothering with a symbol of love and creation in providing tulips and cookies to the congregation. The enrollment of Joyce MacKenzie as our newest member highlighted our celebration.



Left to right: Donna Bernard; newly enrolled member Joyce MacKenzie; the Rev. Ralph Moore; and Polly Batt.



Distributing tulips and cookies are, left to right: Leah-Jane Hayward; Dana Coles; and Marlene Coles.



Canadian Mothers' Union Conference

**OUR GOD
IS ON THE
MOVE**

**Canadian Mothers' Union
Conference (National) 2020**

**University of New Brunswick
Fredericton
June 4 - 7, 2020**

*With Special Guest
Worldwide MU President
Sheran Harper*



Nestled along the banks of the beautiful St. John River, Fredericton is as much urban energy as small-town charm. The city is rich in history, nature, music, art, dining, and youthful energy. Take the time to explore downtown Fredericton's restaurants, shops, and cafés; slow down with a visit to a gallery, art studio, or the science centre; and get closer to nature along the many walking trails the city has to offer.



mothersunioncanada.ca



CANADIAN MOTHERS' UNION NATIONAL CONFERENCE

<http://canadianmothersunion.ca/>

University of New Brunswick, Fredericton, NB
June 4-7, 2020



REGISTRATION FORM

*if not completing form electronically, please print clearly

PARTICIPANT INFORMATION

Name:

Branch Name/Number (if known):

Home Phone:

Cell Phone:

Email:

Mailing address:

City:

Province:

Postal Code:

Emergency Contact:

Home Phone:

Cell Phone:

ARRIVAL/DEPARTURE INFORMATION

Arrival Date/Time:

Airline/Flight #

Airport

Departure Date/Time:

Airline/Flight#

Airport

If travelling by car, estimated time of arrival:

VOTING STATUS

I am a voting delegate

YES:

NO:

I will be the designate proxy for the following delegate:

Name:

Please remember to include the proxy form with your registration and carry a copy of the proxy with you to the general meeting. If you require a form, please contact Lilian Ketch at lilian.ketch@gnb.ca

SPECIAL CONSIDERATIONS

I have the following medical concern(s):

I have the following mobility issue(s) and require:

I have the following food allergy(s):

Other information we should be made aware of:

BANNERS AND WORSHIP SERVICES

I am bringing a banner and stand from Branch:

Diocese:

PLEASE NOTE: BANNER STANDS NOT PROVIDED

I would like to participate in Worship Services in the following areas:

Scripture readings ___

Prayers ___

Eucharistic Service ___

Music Team ___

Morning Devotions ___

Other:

A Creative Approach to Branch and Community Engagement – A "One-day Taster Course"

The format of the Workshop Day on June 6th will be presented as a "One-day Taster Course" and will use a mix of Biblical reflection and interactive tools to explore God's heart for members!

HOPE (Helping Other People Endure) will enable branches to be catalysts for change in their communities. Members will be provided with a toolkit containing prayer resources, creative Bible study ideas, Biblical monologues, film clips, and other ideas that will help them to engage their Branch and community.

The day will be fun-filled, interactive and learning-based, so members and communities may

- **Grow in faith** by falling in love with Jesus again (as yesterday's Bible stories are still happening today)
- **Grow in confidence** so we can take our faith to others, and
- **Grow in relationship** by growing a sense of community amongst each other.

TOURS (FIRST COME FIRST SERVE)

DESCRIPTION	COST
1. Saint John River Cruise (duration 2 hours) – Wolastoq Tour Boat: a scenic boat cruise on the majestic Saint John River in a relaxing way to see the city and enjoy the afternoon. Snacks and drinks available at a cost.	\$30
2. Beaverbrook Art Gallery (duration 2 hours) – Named after William Maxwell Aitken, Lord Beaverbrook, and includes works by famous Canadian artists, local artists as well as many paintings by famous international artists such as J.M.W. Turner and Salvador Dali. The New Brunswick Craft College is also nearby. There will be additional time for shopping in local shops following the tour.	\$20
3. Government House (duration 2 hours) – This national and provincial historic site is the residence and office of the province's Lieutenant Governor. Rooms are filled with periodic antiques made by some of the best craftsmen in North America. Many items have links to the province's three founding cultures. Shopping at local shops available following the tour.	\$10
4. Christ Church Cathedral Guided Tour (duration 60 minutes) – The Cathedral is a National Historic Site, constructed and completed in 1853. It is one of the finest examples of decorated Gothic architecture in North America, followed by shopping in quaint shops nearby (Urban Threadz, Botanicals, Gallery 78) throughout the downtown.	\$10

REGISTRATION FEES – REGISTRATION DEADLINE **APRIL 15, 2020**

OPTION A: \$450 – DOUBLE OCCUPANCY

Includes all conference sessions, 9 meals (including Saturday evening banquet), opening reception; and, three nights accommodations based on double occupancy

I will be sharing a room with _____

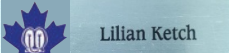
OPTION B: \$500 - SINGLE OCCUPANCY (includes same as Option A) *Limited – first come first serve*

Includes all conference sessions, 9 meals (including Saturday evening banquet), opening reception; and, three nights' accommodations

OPTION C \$125 Day Rate

Includes all conference sessions, lunch and nutrition breaks; BBQ **or** Banquet – NO accommodation

FEE CALCULATION

Registration Fee: Option A, B, C <input type="checkbox"/>	\$
Tour Selection: Option 1, 2, 3, 4 <input type="checkbox"/>	\$
Magnetic Name Badge *example ... 	\$ 15.00

Total

\$

Complete this form for EACH attendee and mail with full payment to:

Elaine Robichaud, Mothers' Union, Canadian Treasurer
40 Bartlett Avenue, Hampton, NB E5N 5J1
Email: eedashner@gmail.com Phone: 506-832-3346
Make cheques payable to The Canadian Mothers' Union

- Email Confirmation will be sent to you once registration and payment has been received.

Message from the Chaplain

I am writing my fall message in the midst of my busy pickling and canning season. It's a hobby that I enjoy. In fact, it has been said that if you stand around me for too long in the fall you're in danger of being salted and crocked and made ready for pickling! It is a time when we try to preserve a little from whatever God has blessed us with through the fruits of our gardens, with their abundant vegetables or fruit from the earth. So far, I have done mustard pickles, bread and butter pickles, and two kinds of relish to savour through the long winter, saving a little of God's seasonal blessing.

God blesses us in all our seasons, although it's beginning to be eroded with the globalization of our world. It seems we can enjoy the fruits that were once reserved for particular seasons any time of the year now. A friend of mine stated

once that when you grow up in the Niagara region of Ontario and fruit was on, you canned it or ate it until you looked like it! It was a special time that you could only experience in that season. It was anticipated and celebrated. Now we can have it any time of the year because that fruit is growing somewhere else in the world. I agree with my friend: we are losing the sense of God's seasonal blessing in our lives.

It is very easy to see and experience God's seasonal blessing in the middle of the harvest; however, it is not so apparent when it is -30 degrees and the wind is blowing. Winter sports are evidence for people to see God's seasonal blessing. It's



time to get out the skis or snow machines and have fun. Or you may prefer the heat of summer, enjoying the garden, relaxing by the pool or boating on the lake. God blesses us in every season.

God does richly bless us in all the seasons; we just need to find the way to recognize it and experience whatever that is.

It may be that we need to answer the call and get out of the boat to look at the world differently to appreciate this. I encourage you to take the time to see God's seasonal blessings in your life and to celebrate them with joy.

*Yours in the Ministry we share,
The Rev. Canon Tom Stradwick*

Niagara Quiet Day held at Crieff Hills, Puslinch, ON on Oct. 19, 2019

*Submitted by Laurie Kondo
Lone Member, Niagara*

Animated, intelligent, spiritual, sincere and funny! Our leader at the recent Niagara Quiet Day embodies all these traits. Let us introduce our new Bishop of Niagara, Susan Bell.

Bishop Susan shared her faith journey with over 30 delegates, challenging us to examine common themes of our spiritual lives together. Three sessions wove

through the day, oscillating between the bishop's witness stories and our own individual reflections.

In her first session, Bishop Susan spoke on the value of theological differences and the importance of people reaffirming their faith. On her faith journey, she was exposed to many faith communities including settler churches, United, Roman Catholic, Methodist, evangelical, indigenous, and culminating in the Anglican Church (much to our delight). These experiences gave her the opportunity to articulate her faith in a demonstrative way.

Delegates were then invited to reflect on the following questions:

- What is your foundation for your faith?
- What did you seek out on your own?
- What do you need to seek out now?

In her second session, Bishop Susan discussed the importance of joy in our faith. She suggested that God created us to enjoy his whole creation as much as we do working to further his kingdom. Her sources of joy included relationships (especially family), friends, cars as a

door to adventure, movies including *Ghost Town* and *The Mission*, music and the arts. Bishop Susan told us that she believed our creative impulses fulfill us at a very deep level and are important in expressing our faith. This session ended with these reflection questions:

- What gives you joy and delights your soul?
- What challenges you to be your best?
- What feeds your faith?

Bishop Susan ended the day by sharing her love of the poet George Herbert. She expressed that the "core" of her Anglican being is centered in his works. Reading his poem entitled *Love*, Bishop Susan suggested that George Herbert's book of poems was similar to the book of Psalms: filled with every emotion and expression of the human experience. We then ended our sessions with a meditation.

As always, the Eucharist which finished our quiet day was inspiring and heartfelt, especially since it included the enrollment of a new MU member, Bishop Susan Bell. That's keeping the best for last!



Bishop of Niagara Susan Bell

Treasurer's Report

Submitted By Elaine Robichaud, Treasurer

Canadian Mothers Union Treasurers Report Nov 16, 2019

Bank Balance	August 31, 2019	51835.05	
Activity	Cheques	Deposits	Balance
General Fund	-3,617.18	7,363.65	
CC Expenses	-50.00		
Extra Newsletters	-120.00		
Dues 2019	-10,463.05	45.50	
Travel Fund		7.00	
NCCF		158.25	
MAMD	-1,795.00	90.00	
Northern Parenting		10.00	
Debbie Strickland Fund		209.00	
Lady Day	-1,292.55	150.00	
Conference	-45.99		
Literature	-238.44		
MSH holding		6,345.55	
Bank Fees	-27.07		
Total Activity	-17,649.28	14,378.95	-\$3,270.33
Bank Balance	November 8, 2019	\$48,564.72	

Number of paid up members for 2018: 537

Number of paid up members for 2019: 535

Allocation of Funds	Opening Balance	Closing Balance
General Fund	30174.8	26552.95
MSH holding	60	6405.55
Dues to MSH - 6(2018)+535(2019) members x \$ 6	3246	0
Travel Fund	499.04	506.04
NCCF	854.93	1013.18
MAMD	1705	0
MAMD Northern Parenting	8896.39	8906.39
Rev Debbie Strickland	1490	1699
Lady Day (Overseas fund)	1142.45	0
Parenting	1150.76	1150.76
Biennial/ Conference	-879.74	-925.73
Literature	3495.42	3256.58
Balance as of November 8, 2019	51835.05	48564.72

Canadian Mothers' Union Wave of Prayer 2019 - 2020

	January	February	March	April	May	June
1-5	All Branch Chaplains	Diocese of NS and PEI St. John the Evangelist Lower Sackville, NS	Canadian Mothers' Union Parenting Program Trainers and Facilitators	Diocese of Rupert's Land St. Stephen's Winnipeg, MB	Diocese of Fredericton St. Paul's Hampton, NB	Diocese of New Westminster ACW Members
6-10	Canadian Historian Debbie Fice	Diocese of Fredericton St. Mary's, York Fredericton, NB	Canadian President Alice Kennedy	Canadian Past Presidents	Diocese of NS and PEI Parish of French Village Tantallon, NS	Diocese of NS and PEI Church of St. Andrew Cole Harbour, NS
11-15	Diocese of Ottawa St. Barnabas Deep River, ON	All ACW Members	Diocese of Fredericton Trinity Sussex, NB	Diocese of Niagara Church of the Nativity Hamilton, ON	Canadian Mothers' Union Parenting Program Participants	All Diocesan Councils
16-20	Diocese of NS and PEI Parish of Musquodoboit, NS	Diocese of Algoma St. Paul & St. Thomas Thunder Bay, ON	Diocese of NS and PEI Parish of Christ Church Shelburne, NS	World Wide President World Wide Council	Members in the Diocese of the Arctic	Diocese of Fredericton All Saints Marysville, NB
21-25	Canadian Secretary Deanna Morrison	Diocese of Montreal St. Paul's Montreal, PQ	Canadian Newsletter Editors Bonnie Greenwood Susan Colpitts-Judd	Canadian Conference Coordinator Lilian Ketch	Canadian Chaplain The Rev. Tom Stradwick	Diocese of NS and PEI Holy Trinity Liverpool, NS
26-31	Diocese of New Westminster St. Cuthbert's Delta, BC	All Lone Members All Diocesan Members	Diocese of NS and PEI St. John's Halifax, NS	Diocese of NS and PEI St. John the Baptist North Sydney, NS	Diocese of Fredericton St. Mary & St. Bartholomew Saint John, NB	Representative to the North Kathleen Snow
	July	August	September	October	November	December
1-5	Diocese of Niagara St. Alban the Martyr Glen Williams, ON	Diocese of NS and PEI St. Luke's Dartmouth, NS	Diocese of Fredericton St. John the Baptist Riverview, NB	Canadian Parenting Program Coordinator Maxine Simpkin	All Provincial Presidents	Diocese of NS and PEI All Saints Bedford, NS
6-10	Diocese of Fredericton Christ Church Cathedral Fredericton, NB	Diocese of Toronto All Saints Collingwood, ON	Canadian Lone Members' Coordinator Sandra Jorgensen	All Diocesan Presidents	Diocese of Niagara St. Matthew on the Plains Burlington, ON	Diocese of Rupert's Land St. James the Assiniboine Winnipeg, MB
11-15	Diocese of Calgary St. Stephen's Calgary, AB	Canadian Literature and Marketing Coordinator Ann Leland	All Branch Leaders	Canadian Treasurer Elaine Robichaud	All Branches in Abeyance	Diocese of New Westminster St. Mary the Virgin South Hill Vancouver, BC
16-20	Diocese of NS and PEI St. John's Milton, PEI	Diocese of NS and PEI Church of the Holy Spirit Dartmouth, NS	All Diocesan Chaplains	Diocese of NS and PEI St. James' Armdale, NS	Canadian Northern Clergy Families Fund Coordinator Ven. Sarah Usher	Diocese of Ottawa St. Mark's Ottawa, ON
21-25	Canadian Link Coordinator Ruth Corston	All Canadian Bishops	Diocese of British Columbia St. Peter's Quamichan, BC	Immediate Canadian Past President Margaret de Carvalho	All Diocesan Representatives	Diocese of NS and PEI St. Francis by the Lakes Lower Sackville, NS
26-31	Diocese of Fredericton Parish of Richmond Richmond, NB	Canadian Vice President Shara Golden	Diocese of New Westminster St. James' Vancouver, BC	Diocese of NS and PEI Emmanuel Spryfield, NS	Staff of Mary Summer House	All Members Worldwide