Mental health and wellness



8-9



•

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A SECTION OF THE ANGLICAN JOURNAL

APRIL 2022

SERVING THE DIOCESE OF FREDERICTON



**SIX PEOPLE FROM THE DIOCESE** of Fredericton gathered at Malley Industries in Dieppe on Feb. 25 for the blessing of the Diocese of Ho mobile medical clinic, which has been retrofitted and will soon be on its way to Ghana, where it will, with help from the Ho Teaching Hospital, provide care to many of the two million people living in the rural regions of Volta and Oti who have no access to medical care. From left: Robbie Griffin, Companion Diocese Committee chair; the Rev. Chris Hayes, representing the Moncton Archdeaconry; Cheryl Jacobs, committee member (who dressed in her Ghanan clothing she was given during a 2020 visit); Lilian Ketch, committee member; Archbishop David Edwards, who blessed the van; David Pargiter, director of sales for Malley Industries; and the Rev. Thomas Nisbett, whose career before he became a priest was at Malley Industries.

# The blessing of the clinic

### BY GISELE MCKNIGHT

An archbishop, two priests and three lay people gathered for the blessing of the Diocese of Ho mobile medical clinic on Feb. 25. The vehicle, equipped at Malley Industries in Dieppe, will soon be transported to Halifax, where it will be shipped via An-

twerp, Belgium to Tema, Ghana

for use in the Volta and Oti rural regions. The two million people there have little or no health care.

After a tour of the van and its components, Archbishop David Edwards prayed for the factory and its employees, offering thanks for their hard work. He prayed a blessing on the Companion Diocese Committee, its chair, Robbie Griffin, the parishes that donated, and the many Rotary clubs, members and others who supported the project.

David asked for protective blessings on the vehicle's journey, arrival and use, and most especially, for the many people who will receive medical care from it. The blessing follows a twoyear fundraising campaign that had a great deal of support from Rotary, individuals, parishes and parish groups.

"I'm very grateful to the people who donated and to God for his provision," said David afterwards. "I hope it travels safely and is used for many years." He thanked the Companion Diocese Committee and Rotary for taking the lead in partnering with the diocese on the project. He also noted the committee was able to "shop local" by engaging Malley Industries, an emergency vehicle manufacturer, to do the work. "It's great that this could be

Blessing continued on page 4

# DIOCESAN NEWS

# Say Yes! to Kids 2022: See what you can do for kids!

The Anglican Foundation of Canada is stepping up its commitment to young people across Canada with an even more ambitious plan to fund ministry and outreach to children, youth and young adults this year.

At its November meeting, the AFC board approved a campaign plan for Say Yes! to Kids 2022, setting a \$500,000 goal.

Here in the Diocese of Fredericton, we already have experience in raising money for causes that benefit young people.

Many parishes participate in breakfast and lunch programs in local schools. As well, our Strike Out Childhood Hunger bowling tournaments saw tens of thousands of dollars raised around the province for student hunger initiatives.

The Diocese has already benefitted from the Say Yes! To Kids campaign. Last year, it awarded a grant of \$15,000 to Inner City Youth Ministry.

Here is ICYM's director, Erin Rideout:

"Inner City Youth Ministry was blessed to be a recipient of a grant from the Anglican foundation's Say Yes! to Kids campaign in 2021 for our Lunch Connection program.

"The grant ensured that our ministry could continue to provide subsidized school lunches to children.

"Many of the children we serve experience food insecurity and poverty, only made more pressing during the COVID-19 pandemic.

"The "Say Yes! to Kids campaign" (and everyone who contributed to it) responded to the very real needs of kids across the country impacted by the pandemic and the needs of ministries that are stretched attempting to meet the needs.

"Not only was it a fun and creative campaign, but as a small organization, we appreciated the care put into making the process accessible and straightforward!"

The straightforward process Erin refers to peer-to-peer financing. This year, the program has changed from the usual application process to a new model where groups fundraise and keep 60 per cent of the proceeds for their project, with 20 per cent going to their diocese and the remaining 20 per cent to the Anglican Foundation.

Michelle Hauser, AFC's development and communications consultant, encourages parishes, youth groups, ACWs, Sunday schools and other groups to consider forming a fundraising team and participate in the campaign, which runs from April 1-June 30 nationwide.

Hauser says teams will be able to set their own fundraising goals, and they will receive support with communications, case development, and training from AFC throughout the campaign.

to the editor

"Teams will also benefit from an AFC-led leadership giving campaign that will boost their efforts, including matching gifts."

APRIL 2022

Webinars on how to begin were held, and several parishes participated.

To learn more, check out the FAQ page. <u>https://www.angli-</u> <u>canfoundation.org/wp-content/</u> <u>uploads/2022/01/Say-Yes-to-</u> <u>Kids-FAQs-for-web-1.pdf</u>

"I also encourage anyone who has questions to reach out to me directly," says Hauser, who can be reached at <u>mhauser@anglicanfoundation.org</u>.

We welcome them!

Send yours to

gmcknight@diofton.ca

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DEADLINE for news and photos for the May edition of the New Brunswick Anglican is April 1. Send submissions to gmcknight@diofton.ca



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hank you!

Thank you for your past support of our campership fund, which helps families not able to cover the full cost of camp. Please consider donating again this year. The need is always great — but the results are always worth it. Investing in campership enriches the lives of children. Contact: director@campmedley.ca or www.campmedley.ca to donate.

MPMEDLEY



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# THE BISHOP'S PAGE

# A world-wide pandemic and a new war

am writing this on Ash Wednesday, and we will still be in the season for Lent when it is published.

Once again it is hard to know what to write as two great uncertainties are alive in the world: COVID-19 and the Russian invasion of Ukraine.

I do not know what the situation will be with either in a month's time, so anything I say could be very out of date by then.

For people of my generation and later, the current world situation is almost unprecedented. There have been no major pandemics and only one European land war (Balkan-Yugoslav civil war of the 1990s) in our lifetimes.

Now in the short space of two years we have both a worldwide pandemic and a new war in Europe.

For those of us who live in western countries, there has been relative peace for more than 75 years.

There have been some closerun things, such as the Cuban Missile Crisis and conflicts which we have taken part in like Afghanistan, but nothing like this.

For people of a previous generation, like my Dad who are still living, the current situation



Archbishop David Edwards

has echoes of the 1930s.

As someone who spent three years at university studying Modern World History, I find the Ukrainian situation very familiar. A power with historic ambitions stealthily extends its range until others run out of patience.

Another thing I learned about history is that there are numerous ways of reading it, depending upon where one stands.

In general, modern historians have looked at historical events through economic and social lenses. What has been the effect on the economy and how have societies been changed.

There are also those who look at events in terms of shifting alliances and the re-writing of international maps and boundaries. Although it has many other aspects to it, the Bible is in one sense a history. It tells the story of a particular people and their interactions with those around them over several thousand years.

The lens used to tell and examine the historical narrative is that of the actions and purposes of God.

It is not that God makes things happen like some sort of puppet master, but he works within what is happening to accomplish what he has willed for his creation.

The obvious example is the Babylonian Exile and its aftermath, but the life of Jesus is also part of this.

Jesus arrives at a particular, not random, point in history. He clashes with the forces of Roman imperialism at a time when Judaism is about the lose its geographical centre.

Christianity is able to move away from its Jewish roots and the message of the Gospel is able to spread effectively under the so-called Pax Romana.

What we know about God's ultimate purpose is that it is one of peace, not war.

The current situation in Ukraine has something to do with God's ultimate aim, but we are far too close to see it and it does not negate the suffering of those involved in the conflict.

We know that God suffers with creation, but we all have a role to play in the bringing of peace and relief to Ukraine and Ukrainians.

We pray for Ukraine, from the Archbishops of Canterbury and York:

God of peace and justice, we pray for the people of Ukraine today. We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment and compassion to guide their deci-

sions. Above all, we pray for all your

precious children, at risk and in fear,

that you would hold and protect them.

We pray in the name of Jesus, the Prince of Peace. Amen



David Edwards is Diocesan Bishop of Fredericton.

PRINCIPAL ENGAGEMENTS

March 30 Renewal of Vows / Blessing of Oils Eucharist (Cathedral); Clergy Day

APRIL 4-8 House of Bishops

> APRIL 10 Parish of Stanley

APRIL 15 GOOD FRIDAY PARISH OF ROTHESAY

APRIL 17 EASTER CHRIST CHURCH CATHEDRAL

APRIL 24 PARISH OF QUISPAMSIS; \* HAMPTON-UPHAM-BLOOMFIELD-SUSSEX AREA PARISHES CONFIRMATION (IN HAMPTON)

APRIL 26 BISHOP'S COUNSEL

APRIL 30 Mothers' Union Rally

\* CONFIRMATION

# **Pre-Easter thoughts**

ue to the timing of Lent and Easter this is a somewhat difficult column to write. Lent is just a day away and by the time you read this, Easter will still be a few weeks away.

We are watching the ongoing tragedy in Ukraine which is too fluid to even begin to think on, other than to offer our prayers daily. So what to focus on? As I wrote last month, Lent is a time of reflection, penitence, prayer and thought. It is also a time of hopeful anticipation as we think on Jesus' death and resurrection.



Mike Briggs

or recorded and uploaded to Facebook for those not able to attend in person when that was allowed.

Throughout all this turmoil, God has been with us, answering our prayers, though not always obvious to us at the time.

People now seem more generous with their time and talent. companion Diocese of Ho.

Bishop McAllister School is re-opening with generous support from a number of parishes and individuals who help students by paying their school fees. Stewardship in action!

As I wrote last month, take a look at your own situation as we

We now have a lot to look forward to. Restrictions are slowly easing in New Brunswick, more quickly in some other provinces. We can sing again at our services.

It is possible that by the time you read this, we will be enjoying fellowship following our services — after two years. Hopefully our attendance will start increasing again and we can look forward to a fuller church for all our traditional Holy Week and Easter services. Diocesan Choir School has plans to run in 2022, as is Camp Medley.

It has been a long two years since we first shut down in 2020 with subsequent different codes — red, yellow or green followed by Winter Level 1, 2 or 3 — so we all adapted as best we could. We had services via Zoom At the foodbank, there are more volunteers in their database than they can use at times. What a nice problem to have! At a monthly food program I organize the volunteers for, I have recruited new people and we manage the program just fine.

All this goes to show that the use of our talent, time and treasures is alive and well. God is speaking to people and they are listening.

The Diocese has achieved the goal to purchase and equip the mobile medical clinic for our

move, albeit slowly, from CO-VID being a pandemic to being endemic, like the winter flu. I can see an annual COVID shot in our future just like a flu shot.

Please continue to reflect during Lent and anticipate the coming season when we celebrate the Resurrection and as we return to fellowship and regular services. See if God has blessed you with additional resources that you can use to assist your parish.

Michael Briggs is the diocesan stewardship officer. He lives in Moncton.



# COMPANION DIOCESE OF HO



# The blessing of the clinic

### Blessing continued from page 1

done right here in New Brunswick," he said.

It was two years ago that committee members Robbie, Cheryl Jacobs and Lilian Ketch visited Bishop Matthais in the Diocese of Ho to investigate possible projects Rotary could partner with.

The answer was the mobile medical clinic, through a partnership with the Diocese of Fredericton, the Diocese of Ho, the Rotary Foundation, the Rotary Club of Grand Manan Island, the Rotary Club of Ho and the Ho Teaching Hospital, which will operate, maintain and staff the van.

The three arrived back in Canada one day before an overseas passenger — patient zero — arrived in the country with the first case of CO-VID-19.

The ensuing pandemic slowed both the fundrais-

stripped-down van to Malley.

When the van finally arrived at Malley last fall, Robbie's plans for the clinic were finally put into play.

"I'm super pleased," said Robbie at the blessing. "Malley literally took everything I said and translated it into reality. They've thought of everything."

"We were given a finely detailed briefing and that shapes how the manufacturing goes," said David Pargiter, director of sales for Malley. "We had some figuring out to do. It's a unique truck, but I think we hit all the targets."

Because of a COVID outbreak at the factory and several bouts of poor weather, the blessing had to be postponed several times. The finished product sat in the showroom for two months, which made for an interesting conversation piece for visitors, said David Pargiter.

Some highlights of the

conditioning system, roof rack for tent storage (in which to see patients), stretcher, vaccine refrigerator, shelving, cabinets, lab technician's desk, five-foot nine-inch interior height, a winch, and all-wheel drive to cope with poor driving conditions in Ghana.

Both Malley Industries and Rotary members have made substantial donations of medical equipment and supplies, including two optometry suites, all of which will be shipped to Ghana.

The van, its refurbishment at Malley, medical equipment and supplies, technology and communications programs, spare parts, pharmaceuticals, training and shipping has cost about \$270,000 CDN.

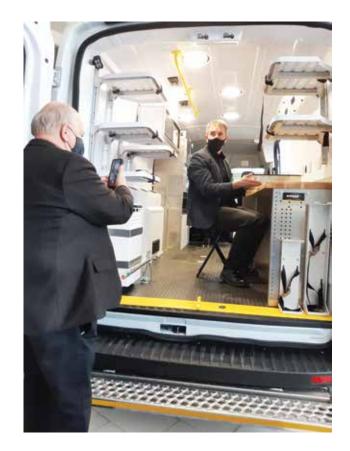
You can read more about the Diocese of Ho mobile medical clinic in the February 2021 and April 2020 editions of the New Brunswick Anglican. https://nb.anglican.ca/



**CLOCKWISE FROM TOP LEFT:** Archbishop David Edwards, in purple, watches as director of sales David Pargiter demonstrates removal of the stretcher from the mobile clinic van during the blessing of the clinic Fev. 25 at Malley Industries in Dieppe.

**DAVID PARGITER, RIGHT,** director of sales at Malley Industries, gives an overview of the project from Malley's perspective to the Rev. Thomas Nisbett, Cheryl Jacobs, Lilian Ketch and Archbishop David Edwards.

**COMPANION** Diocese Committee chair Robbie Griffin takes a photo as David Pargiter demonstrates some of the equipment in the clinic van.



#### ing and the delivery of the clinic are a generator, air nb-anglican/issues

## Medical care in Ho

• In our companion Diocese of Ho, in Ghana, West Africa, the life expectancy of males in 2020 was 63. For females it was 65. In Canada in 2020, the life expectancy of males was 80. For females, it was 84.

• Ghana's infant mortality rate in 2019 was shocking:

34 deaths per 1,000 live births. In Canada, of 1,000 babies born, four die.

• In the Volta and Oti regions, within which the diocese is located, two-thirds of the population live in rural areas, where health care is not accessible. Births take place in the home by untrained midwives. Infections go untreated and often end in death. • Epidemics of typhoid, cholera, dysentery, yellow fever and measles are common. Diabetes, heart conditions and cancer go untreated. Children often have ringworm, and they can suffer from river blindness — caused by a parasite in the water. Often, the only water available for drinking and cooking is scooped from a dirty stream or pool of water.

• There's almost no health care at all in rural Volta and Oti regions. Most people don't have transportation to communities with health care, which are several hours away.

• Many people aren't

comfortable going to the city for health care because of a prejudice against the rural poor. As well, most people they know who went to a hospital died there, so they have little incentive to make the trip, even if they had money and transportation.

# ASH WEDNESDAY

# Drive-thru Ash Wednesday service proves popular

### BY GISELE MCKNIGHT

On March 2, Ash Wednesday, the Rev. Chris McMullen, the Rev. Dan McMullen and warden Bev Floyd bundled up in coats, hats, scarves and mittens to bring a drive-thru service to parishioners of Upper Kennebecasis.

This is the second year the unique service has been held, both times at the circular driveway of the Apohaqui rectory.

"It's the natural spot," said Chris. "It's like the driveway was built for it."

This year, cars arrived during the supper hour to stop at three stations: Dan guiding parishioners through the confession and absolution portion; Bev leading the prayers and offering; and Chris imposing the ashes and leading prayer.

"It's popular," said Chris. "We had 15, which is more than we usually have at church. We had about the same number as last year."

In 2021, with churches closed for a couple of months due to the pandemic, Chris



wanted to do something tangible to mark Ash Wednesday and came up with the concept.

"I made the suggestion and people really liked the idea," he said. "We had a lot of comments. It's a nice way to acknowledge the day."

Assuming next year's Ash Wednesday is restriction-free, will Chris continue with the drive-thru service?

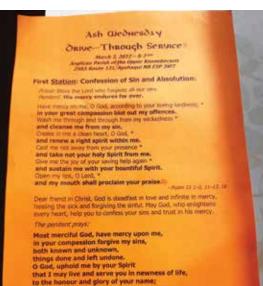
"I'm inclined to say yes," he said. "I can still see it happening. Daniel and Bev think it's a good idea."

Taking ashes directly to the people isn't entirely new. Two years ago, the Rev. Canon Chris VanBuskirk was pictured in the New Brunswick Anglican imposing ashes on Main Street in Moncton. And Dan, who went to university in Toronto, is familiar with priests imposing ashes in the subways.

This year's service included prayers for the people of Ukraine, something several people commented on.

"They really appreciated the prayers for Ukraine," said Chris. "They weren't expecting that."









through Jesus Christ, our Lord. Amen. Do you turn again to Christ? Anwher: I turn to Christ? Anwher: I turn to Christ. Anwher: I forgive those who have sinned againt, you? Awiter: I forgive them, the Lord being my helper. Our Lord Jesus Christ, who offered himself as the

# **AT ABOVE LEFT, PARISH WARDEN BEV** Floyd offers prayers with the occupants of a vehicle. At above centre is the service program handed out to each vehicle. At above right, Chris prepares to impose ashes on the vehicle's occupants.

# **Highlights from Diocesan Council**

#### BY GISELE MCKNIGHT

Diocesan Council's first meeting of 2022 began at 6 p.m. Feb. 24 with Archbishop David Edwards leading Evening Prayer.

Dr. Scott Brubaker and Michelle Hauser of the Anglican Foundation gave a presentation on the Say Yes! To Kids campaign, which aims to raise money for programs that support children and youth.

During the campaign's first year, 2021, Inner City Youth Ministry in Saint John was a recipient of \$15,000 for its Lunch Connection program in city schools.

This year, the program has changed from the usual application process to peer-topeer financing, where groups fundraise and keep 60 per cent of the proceeds for their project, with 20 per cent going to their diocese and the remaining 20 per cent to the Anglican Foundation.

The campaign launches April 1 and runs to June 30. Interested groups can apply to be part of Say Yes! To Kids and be on their way to making their projects a reality.

The first step is to take a webinar, which are being held throughout March. https:// www.anglicanfoundation.org/ say-yes-to-kids/

"The Anglican Foundation of Canada is excited for this," said Michelle. "We're treating this as a ministry."

After their presentation, Michelle and Scott took questions from members.

#### CHANCELLOR'S REPORT

Chancellor David Bell reported on his ongoing project to standardize the management

he encouraged them to give him feedback. Once that has taken place, it will be redrafted and sent to parishes for their feedback.

"By the time it gets back to Diocesan Council, I hope it will have generated a fair bit of comment," he said.

### FINANCE COMMITTEE REPORT

Finance Committee chair Susan Jack reported on shared ministry, which was at 96 per cent as of Dec. 31.

Shared Ministry reductions were approved to a total of \$40,125. Diocesan grants of \$43,000 were approved, one of which was to the Anglican Church Homes in Sussex, for a roofing repair of \$20,000.

With council's approval the ACH will also apply for a \$15,000 grant to the Anglican Foundation for the roofing project.

Archbishop David explained that the apartments were designed to house clergy in retirement. One clergy family lives there now, with the others providing housing at a reasonable rent, mostly to seniors. There are 21 units.

#### **TREASURER'S REPORT**

Heather Harris-Jones reported on year-end statements for both the diocese and Camp Medley.

The diocese, despite an uncertain year due to the pandemic, recorded a better than budget performance for 2021.

"We had higher revenue than budgeted and we spent less than budgeted, leaving a positive variance of just over one million," said Heather.

The higher revenue includd restricted proceeds from the sale of the old Synod office and Bishops Court and the transfer and consolidation of investment funds in the DCIF. These restricted proceeds are set aside for future office building use. Camp Medley budgeted for 200 campers for the 2021 season, but ended up with 275 campers, a positive for the camp. They did better than budget by \$21,620, with expenses just slightly over budget by \$592.

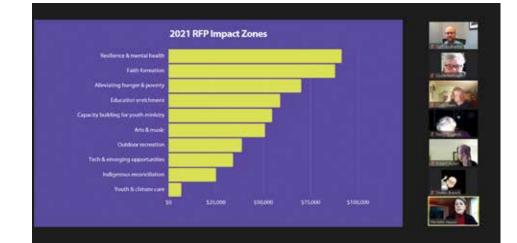


Develop ministry project, including program goals and the money needed.

Name a team captain to work with AFC through campaign.

Apply in advance to secure a grant based on funds raised. Money raised locally will stay



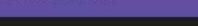




#### WHAT WE LEARNED

- ors (\$5,000+

- d to overcome barriers to local participati



SLIDES FROM THE Anglican Foundation presentation show the basic

of cemeteries throughout the diocese.

Some parishes don't have cemeteries, while others have more than one. Many don't have written contracts and David has found that cemetery maps are problematic.

"Cemetery management is, I think, a very delicate topic. It can create waves, but I think it's something for which the time has come," he said. His initial report has been sent to members and

"That's a good result considering another year with COVID," said Heather. It cost about \$199,000 to operate Camp Medley in 2021. Upgrades to the facility meant utility costs were down. For 2022, Camp Medley is anticipating 400 campers, with a balanced budget and costs set at \$264,540.

# information about the Say Yes! To Kids project that runs this spring.

## **HUMAN RESOURCES COMMITTEE REPORT**

The Human Resources Committee proposed several motions to council. Secretary of Synod David Peer explained that the committee regularly reviews its regulations, and these motions, mostly with regard to updated wording, were

the result of those reviews. Archbishop David reported that the next Provincial Synod will be held in October 2023, while the next General Synod is planned for June 2024.

(es!

The next Diocesan Council, set for May, is anticipated to be held in person for the first time in more than two years.

# MENTAL WELLNESS

# 'Now I take it one day at a time'

One priest's struggle with mental health issues

#### **BY GISELE MCKNIGHT**

Editor's note: As a result of the diocese holding a webinar on mental health in January, two priests have agreed to speak anonymously about their own experiences with episodes of mental unwellness.

This is the second such story. If you are a member of the clergy and would like to share your experience, anonymously or not (your choice) contact the editor:

gmcknight@diofton.ca.

Extreme exhaustion was the sign that forced CJ to acknowledge that something was very wrong.

"I stopped sleeping," said CJ. "It was almost impossible to



sleep. My mind wouldn't stop. "I found myself totally ex-

hausted. I had no sleep for two or three months. That was kind of the last straw."

CJ didn't realize the impact mental illness had until it was all encompassing.

"It wasn't like I just woke up one morning and everything turned sideways," said CJ. "It crept up on me."

The exhaustion, coupled with a constant heaviness in the forehead that they later discovered was a depression headache, finally drove CJ to seek help.

Fortunately, CJ found it in a holistic program that treats many aspects of the person —psychological, physical and other.

In retrospect, CJ realized a lot had happened in five years, including five deaths — parents, another family member, a close friend and a close colleague.

"I didn't realize that I had a lot of unresolved grief," said CJ. "I'd always dealt with death by carrying on. I'd never had to do any work on it."

Unresolved grief is bad enough, but priests often share a personality trait that can worsen such situations.

"I have a personality where I'm harder on myself than others are," said CJ. "It's really easy to get down on yourself. It's never just one thing. It's a mixture — people, circumstances, work pressures. They all converge and it creeps up.

"Clergy tend to carry around a lot of stuff, and I'm not sure all of us recognize that. You kind of get used to it and don't pay much attention to it."

CJ has some advice for fellow clergy: "Try to stay aware and not be too quick to sweep things under the rug. It won't necessarily get better on its own. It's not giving in to ask for help. Be honest about that."

CJ is grateful for the fact that treatment was accessible, which is not a luxury everyone has when it comes to treatment.

"For some, they don't have much choice," said CJ. "They can't stop work. They can't just disengage."

Probably the most lasting and positive impact of treatment for CJ has been a new outlook on life.

"I think I have a very different attitude," said CJ. "Some of the battles I used to fight, things that used to bother me, I tend to let go. It changed my perspective. It was a real wakeup call. Now I take it one day at a time."

# We don't have to play life's silly games

### COMMENTARY BY ANDREW HORNE

want to start by reading a very short story, a childhood memory, from one of my favorite writers, the Dutchman Janwillem Van de Wetering. This is from his book, "A Glimpse of Nothingness."

"You are eight years old. It is Sunday evening. You have been granted an extra hour before bed. The family is playing Monopoly. You have been told that you are big enough to join them.

You lose. You are losing continuously. Your stomach cramps with fear. Nearly all your possessions are gone. The money pile in front of you is almost gone. "Your brothers are snatching all the houses from your streets. The last street is being sold. You have to give in. You have lost. There is sweat on your forehead. "And suddenly you know that it is only a game. You jump up with joy and knock the big lamp over. It falls on



THE CONCEPT THAT there can be only one winner runs opposite to

So yes, this is a bit of autobiography, a childhood memory from a very particular life. But it speaks a universal truth, even the same truth that Jesus shares with us.

The game of Monopoly is based, first, on the premise that success in life means acquiring money and power. These are thought to bring happiness.

Second, it is understood that there is only a finite amount of money and power, and therefore happiness, to be had in the world, and if you want more of them, you have to take them from someone else. This is what's called a "zero sum game." And third, it is understood that nothing of any importance happens outside the game. The game is all there is, and everyone has to play. Such is the world into which our young hero is invited, when he is eight years old. And he is expected to spend the rest of his life playing this game, in one form or another. More to the point, this is the world of competition

and striving and continuous dissatisfaction that will claim us all, unless we consciously reject it in favour of something better. We are taught that life is a battle, a fight.

We are led to assume that life is something like the recent Olympic Games. Everyone competes. Some get hurt. Most survive. Three people get medals. But only one person wins, and they win because everyone else loses.

Described this way, life seems like a silly game. And Jesus tells us that we don't have to play it, that there is, he says, a better way to live. "Love your enemies," Jesus says. "Do good to those who hate you. Bless those who curse you. Pray for those who mistreat you. "If someone slaps you on one cheek, turn to them the other also. If someone takes your coat, give them your shirt.

the teachings of Jesus, which focus on loving, helping and giving.

the floor and drags the teapot with it.

"The others are angry with you, but you laugh when you go upstairs. You know you are nothing, and you that you have nothing. And you know that not-to-be and not-to-have give an immeasurable freedom.

"Later the feeling goes, but you remember that you have had it. You know that once, when you were eight years old, you knew freedom."

Isn't that marvellous? It might help if you know that our young hero, Janwillem, was born into a wealthy merchant family in Rotterdam, and that he was expected to succeed his father in the family business.

But Janwillem didn't want to go into business. He didn't want money. He only wanted to be free. "Give to everyone who asks. And if anyone takes what

Games continued on page 14

Bilstor UK.

 $\odot$ 

# **MY JOURNEY HERE**



# **ROBERT CADDICK**

#### **BY GISELE MCKNIGHT**

Growing up in Coseley in the British Midlands, all Robert Caddick wanted to do was play music, sing and eventually study medicine.

So that is what he did. This only child taught himself how to play the organ, sang in many choirs and took his uncle's advice to become a doctor.

#### THE EARLY YEARS

Robert was raised just six miles from where Archbishop David Edwards grew up, though he was born 17 years before David.

"I was baptized in the Anglican Church at Christ Church, but our family were Methodists," he said.

Nevertheless, he attended an Anglican school, which, on every holiday, meant students went to church.

By the time he entered high school, he had mastered voice, piano and organ. His boys' school revered music, and each boy, upon arrival, had to audition for the choir.

"We had a choir of 50 — all boys and masters," he said. "It was a brilliant choir. We even sang on the BBC.

"I was also the school pianist. Music was a big part of my early life." So big, in fact, that he also played

the violin in the county youth orchestra. "A director felt I should study

music, but I was intent on studying medicine," he said.

### **MEDICAL SCHOOL & PRACTICE**

He arrived at medical school (Durham University) in 1961 at the age of 18, and for many years, music had to take second place.

"There was no time for music or choirs," he said. "I worked 110 hours a week and slept at the hospital."

While it sounds horrendous, Robert loved medical school.

"I had such a great time," he said, adding he still knows all his classmates by name.

Upon graduation, Robert began his medical practice at Newcastle General Hospital, while also stepping in to help at several other area facilities.

"It was in Newcastle that I met Irene," he said of his wife. "She was training to be a midwife."

Robert dealt with two major catas trophes while at Newcastle General - both crushing incidents and both on a Saturday. The first one happened at a football stadium being used as the starting point for a march. The gates were late getting opened and everyone was in a hurry to get it.

"People were crushed and trampled," he said. "Suddenly all these ambulances started arriving, with 30

or 40 crush victims." Thankfully there were no fatalities. Two years later, on a Saturday

afternoon, Robert was working at the emergency department of Middlesborough Hospital when the seating in a bandstand collapsed.

"We were inundated again with crush victims, 30 or 40 of them," he said. "I managed to get them all sorted out."

After he was fully qualified, Robert moved to a country hospital in Hexham, near Hadrian's Wall. He found an old abbey there, 1,000 or more years old. In the middle was a pyramidal wooden structure, inside of which was a Casavant organ built in Saint-Hyacinthe, Quebec. A coincidence or foreshadowing?

# **NEW BEGINNINGS IN CANADA**

Robert worked in Hexham for about 18 months, but began to understand

that the established medical professional hierarchy in Britain was going to leave him near the bottom. "I knew I didn't have much future

in Britain," he said. A fellow in their apartment build-

ing was from Canada and he told them good things about his home country. The couple, with baby Louise in

tow, moved to Ottawa in 1969.

"I went into residency in obstetrics based at Ottawa Civic Hospital," said Robert, adding he also did a six-month stint in pathology doing autopsies as part of his training.

Midwifery was not a profession in Canada, so instead of Irene taking up her career, they had a second baby, Gillian. Then Robert sought further training at the University of Toronto.

Once Robert was fully qualified, the

family decided to explore their new country for a place to put down roots. One summer, they drove all the way to Vancouver, though they did

"The next summer, we went all the way to the Maritimes," he said, adding Moncton caught their eve.

Later, Robert learned of an opening in Moncton, and the couple moved there in 1971. They bought the home they still live in, had their son, Alastair, and Robert began his practice in obstetrics and surgery.

In 2006, he retired from surgery, but continued to see patients for another eight years.

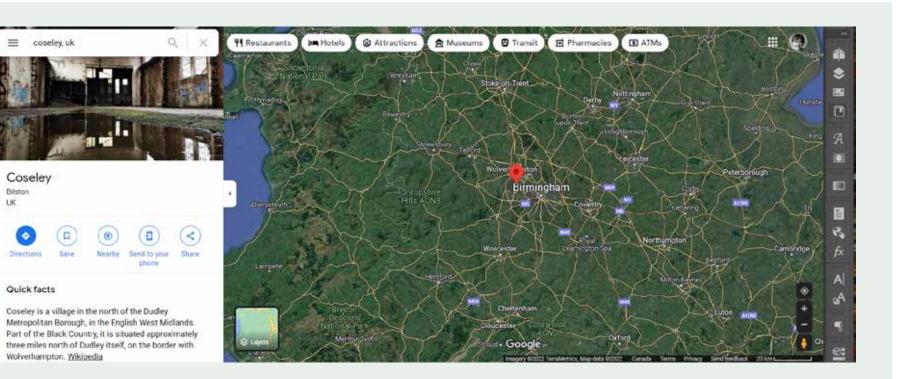
"It kept me in contact with patients and it was lovely."

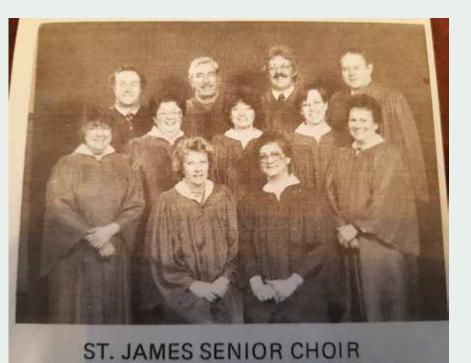
AN ANGLICAN IN MONCTON





# **MY JOURNEY HERE**





# **CLOCKWISE FROM TOP LEFT:** Dr. Robert Caddick.

Google maps shows Robert's birthplace, which is very near to Archbishop David Edwards' place of birth.

Robert is first in the back row of this photo from St. James' in Moncton taken in 1986. Beside him is his fellow organist and friend, John Moffett.

Robert is in the second row in this photo from his Sunday School taken in 1949.

not find what they were looking for.

In 1974, the vicar of St. James in Moncton was Gary McCauley. Irene had become friends with Gary's wife, Diane, and that friendship led to Irene and Robert joining St. James.

"I joined the choir," said Robert. "They were good years. I've been going to church ever since!"

He and fellow organist John Moffett loved to have jam sessions, and when the church organist left, the two shared those duties.

Music had finally worked its way back into Robert's life, and he immersed himself in it. He and others joined with the Sackville churches and benefitted from the rich music community at Mount Allison University. Among them were former Christ

Church Cathedral director of music Willis Noble and his wife, Virginia.

Robert even earned one credit toward a music degree.

He continued to play the organ off and on until moving to St. Philip's in 2018, where he is the organist.

Robert has played for every bishop since Harold Nutter, who confirmed Robert at the age of 40.

## RETIREMENT

Robert has lots of time now for music, and for other pursuits. He rides his bicycle in Moncton, even during the winter.

He's also an avid hiker, having hiked the 200-mile Coast To Coast in Northern England that runs from the Irish Sea to the North Sea.

He's also completed hikes in Tuscany, the Cornish coast and the Cotswolds in the south of England.

He and Irene often take hiking holidays with six other friends from Moncton.

"They are the best holidays I ever took," he said, adding he's hoping for a hiking holiday in Croatia.

Robert and Irene's two daughters live in southern Ontario, and their son lives in British Columbia. They have grandchildren in B.C. and Ontario, though one granddaughter, Isabella Rose, is a veterinary student at the University of Prince Edward Island and recently spent her spring break with her grandparents in Moncton.

Canada and Moncton are definitely home for Robert. As he looks back, he sees a blessed life.

"I thank God he's given me talents I can use — the gifts of medicine and music to help people and praise him."

# SUMMER CAMPS

# All diocesan camps to re-open this summer

# Diocesan Choir School

### **BY PAUL RIDEOUT**

One of the gems among the ministries offered by our diocese is Choir School.

Rooted in the richness of our Anglican choral and liturgical tradition, we have come together each summer — young and old, seasoned musicians and amateurs alike — for over 60 years to 'make a joyful noise unto the Lord,' with much fun and friendship along the way.

After two years of cancellations, we are excited to share our plans for Diocesan Choir School this summer.

Because of the uncertainty of planning around COVID-19 regulations, Choir School will look a little different this year.

We will still be meeting at Rothesay Netherwood School; however, our usual week-long gathering will be reduced to four full days, beginning on the evening of Wednesday, July 13 and ending on Sunday, July 17.

This change will mainly impact our junior choristers, who will now arrive at the same



**THE REV. CANON ALBERT SNELGROVE** leads choristers into St. Paul's Anglican Church in Rothesay in this file photo from 2018.

time as the adults.

Even though the week will be shorter, our team is working hard to pack as much of all the usual Choir School fun into those four days as possible.

The adult component will follow much the same pattern as past years, just with an earlier start.

One of the blessings of

Choir School is being able to appreciate the gifts of our longserving musical staff alongside some new faces. This year, we are delighted to welcome two additional talented musicians to our gathering.

Mr. Gibson MacMillan, originally from Ontario, now lives in Saint John where he serves as music director at St. Mary & St. Bartholomew's Church.

He has served in the Parish of Sackville and has a wealth of experience, working in dozens of churches around the Maritimes and in Ontario.

Gibson has also been the recipient of numerous awards in organ, piano, composition, and sacred music. He recently graduated from Mount Allison, where he was an organ major. We are delighted to have him join us, working primarily with our junior choristers.

Mr. Garth MacPhee will be our adult clinician this year. A native of Dartmouth, N.S., Garth is a graduate of the Schulich School of Music at McGill University and has become a well-known name in the world of church music in Atlantic Canada.

During his career, he has served in churches in Montreal and Victoria and he currently serves as the director of music at St. George's Round Church and interim choir director of King's College in Halifax.

This year, we want to encourage everyone to register as early as possible. Since we have not met in two years, our planning team needs you to let them know if you intend on coming so that we can better prepare.

The deadline to register is April 30. You can find the form on our website: <u>www.anglican-</u> <u>choirschool.com</u>. We are looking forward to singing together again soon. Come, join us! *The Rev. Paul Rideout is the rector at St. Paul's Anglican Church in the Parish of Rothesay and the administrator of Diocesan Choir School.* 

# Camp Brookwood

## BY GISELE MCKNIGHT

After two summers of pandemic closure, Camp Brookwood's board of directors voted unanimously on Feb. 28 to reopen for the 2022 season.

"This year has been a lot of waiting to see what kind of restrictions would be in place,



and applied for summer SEED grants to help pay the staff just in case — since the deadline for applications was earlier in February.

Then on Feb. 28, "everybody voted for it to open, while knowing that if things do go bad, we'll take appropriate action. We just want everyone to be safe."

The camping season will be a bit shorter this summer. Mary Lee is aiming for seven can't go on a bigger holiday, it would mean a break away from home, with lots for the kids to do and no cooking, dishes or cleaning for mom or dad.

Staffing is the priority now, and Mary Lee is hopeful of employing several counsellorsin-training from previous years as well as the 2021 director, Emily Sprague.

"I've had others reach out to me, so hopefully, we can get at

and hoping that by this summer, a lot of children would have their vaccinations," said Mary Lee Phillips, who speaks for the board.

"We're planning to open, but if something drastic happens, we'd have to reconsider. But all signs point to opening." For the past two summers, the camp employed a groundskeeper for maintenance, and a director to connect to campers via social media, with games, photos, music and activities. Through the winter months, **BANNERS ARE A WAY** of leaving your mark, and 2019's campers celebrated Carnival Week with a colourful one.

Mary Lee wasn't sure what they should do.

"We were on the fence, nervous," she said. "But Camp Medley opened last year, and the camp next to us opened last year. John (Galbraith, director of Camp Medley) told us they didn't have any incidents or cases." Feeling somewhat more secure, Mary Lee went ahead weeks, including one week of staff training. Inner City Youth Ministry has opted out of bringing the usual busload of kids from Saint John.

Mary Lee is hopeful they can operate a family camp at the end of the season. The plan is to have the staff continue to work during family camp. Families would rent a cabin and counsellors would provide programing while the cook would feed everyone. A small fee would offset costs, but for families who least the main positions filled and then work on the others," she said.

One other bit of good news for families is a lower fee this year. With competition from the nearby camp, which may have had some of Brookwood's campers last year, the board has decided to cut its rate from \$200 to \$100.

Camp Brookwood is located just outside Florenceville-Bristol.

# SUMMER CAMPS

# All diocesan camps to re-open this summer

# St. Michael's Youth Conference

### **BY SAMUEL LANDRY**

Though I was first introduced to St. Michael's Youth Conference just a few years ago, I've been drawn back year after year to enjoy the friendships and community that emerge when we pray, study, eat and play together.

This summer, I and my generation will learn to lead the conference that we've come to love under the leadership of Archdeacon Kevin and Janice Stockall, and we'll do it in a new venue: Camp Medley.

I am grateful for the dedication and care of the Stockalls, without which the conference's future would not be such a compelling possibility.

The task ahead is humbling; we look forward to shaping another generation of 'Michaelites' according to the pattern by which we've been shaped.

In January, I approached various youth leaders from across the Maritime provinces, to gauge whether there might be any interest in reviving the annual conference, which has been dormant since the pandemic began.

For the past couple of years, Katherine Lee has served as the assistant youth coordinator at St. Paul's Church in Halifax. The structure and character of her weekly youth group



**MICHAELITES GATHER** outside the dining hall at St. Michael's Youth Conference in 2018. This year's conference will be held at Camp Medley.

meetings have been shaped by the needs she identifies in her students.

"Youth are, in many ways, natural theologians," writes Katherine, "It is a time of life in which answers that satisfy children begin to ring hollow and greater experience of life's complexities raise new questions. It can also be a very lonely time."

I was struck that Katherine, who has never participated in a conference, would identify in her students many of the same needs that St. Michael's is designed to meet; she believes that the conference will come to serve an important role in the life of her youth group.

St. Michael's has a deep history in this region. For over 30 years, it has provided our youth with an annual opportunity to explore the depth and breadth of the Anglican tradition, in worship, in conversation and as a community.

In 1987 the conference began on Prince Edward Island and in 1998 it found its home at Camp Wildwood near Bouctouche, New Brunswick.

At Camp Wildwood, the shape and character of the conference matured and St. Michael's became more deeply integrated into the Diocese of Fredericton.

Archdeacon Kevin Stockall has served as the conference's director for the past 20 or so years. I recently asked him where St. Michael's fits among the youth programs offered in our region. "St Mike's is structurally and intentionally something different," he admits, "It integrates the thoughtful elements of a conference with the recreational elements of a camping program."

The conference is framed by the daily rhythm of our Book of Common Prayer. We begin each day with Morning Prayer, we pray Evening Prayer before supper, and before bed we give thanks for each day with Compline.

Within this pattern, there is lots of time for education, conversation and recreation.

Archdeacon Stockall describes St. Michael's as a "microcosm for our spiritual life together as the family of God.

"At St. Michael's and as God's family," he says, "we sit quietly in moments of worship to think, pray and to reflect.

"In other moments, we are challenged to think more substantially on theological and spiritual matters, which inform how we know and follow Christ.

"Finally, we meet one another in friendship and enjoy the life we share in common."

The conference's past success attests to the faithfulness of the Holy Spirit, and to the dedication of our volunteers, who, year by year, have thoughtfully and warmly welcomed the conferees and offered themselves fully in friendship.

Long-time conferee and now-postulant Nicholas Saulnier says that the conference challenged him at a young age to reconcile his faith with the world around him.

Olivia Lipton of Moncton echoes Nicholas's sentiment, saying that St. Michael's allowed her to develop her faith in a supportive and fun environment.

Katherine sums up my hope for the conference, "My hope is that the upcoming St. Michael's Conference will be a place for youth to voice questions about their faith, deepen their knowledge of our tradition, and meet in community with one another."

I've tried to define what makes St. Michael's so compelling to me and to my generation. Sure, I can point to the many things that we do as a conference each year, but at its heart, with all of its eccentricities and traditions, St. Michael's is a community — a community that opens itself to anyone, myself included, who wishes to be a part of it.

This summer the conference will be held in Upper Gagetown at Camp Medley, Monday, Aug. 22 to Friday, Aug. 26.

We look forward to this change in venue, which will allow for interesting and new recreational programming. We hope to bring all that has made St. Michael's so important to us and to the church of the Maritimes in the past to its new home at Camp Medley for years to come.

Registration details are available at smyc.ca.





Godly Play Storyteller



Boys & Girls 1 (ages 6-11) July 3-8 Boys & Girls 2 (ages 6-11) July 17-22 Boys & Girls 3 (ages 6-11) Aug. 7-12

Welcome to Camp 1 (ages 6-9) July 3-8 Welcome to Camp 2 (ages 6-9) July 17-20

Day Destination Camp for the whole family August 4, 5, 6



Teen Camp 1 (ages 11-15) July 10-15 Teen Camp 2 (ages 11-15) Aug. 14-19 Leadership Camp (age 14-16) July 3-8

comprediey.co

Welcome to Girls Camp (ages 6-9) July 24-27 Girls Camp (ages 6-11) July 24-29 Girl Boss (ages 12-15) July 24-29

Adventure 1 (ages 12-15) Aug. 7-12 Adventure 2 (ages 12-15) Aug. 14-19

Medley Makers (ages 12-15) July 10-15

Family Camp July 30 - August 1 wonder...

More details and registration information to follow. Contact the Ven. Cathy Laskey for details: claskey AT diofton.ca Training Save the Dates: May 6 (4-9 pm) May 7 (8:30-5:30) and June 10-11 (same times) Sackville United Church, Sackville, NB

# PANDEMIC PROJECTS



What's been keeping you busy during the pandemic restrictions?

Share your story with the NB Anglican!

gmcknight@diofton.ca

# Margaret Harding 'Through The Years'

#### **BY GISELE MCKNIGHT**

Clergy widow Margaret Harding, married to the Ven. Lyman Harding, has kept busy during the pandemic. She decided on two projects: knitting and writing her autobiography.

"I made enough mittens for my whole family and some of my friends," said Margaret. "The pandemic has been good for me. I enjoyed it."

What she enjoyed, to be precise, is the isolation. She was an only child, and as such, learned how to be on her own and entertain herself a long time ago.

Margaret, 81, lives in Peterborough, Ont. an hour away from two of her three daughters. The third lives in Newfoundland and Labrador. But her heart is still in New Brunswick, where she and Lyman lived for most of their married lives.

The idea of an autobiography came from Lyman, who noted that although there is plenty written on the diocese's first bishop, John Medley, there is next to nothing on his wife. That planted a seed, and she began writing several years ago while on a cruise.

The pandemic was the perfect time to dust off that project.

"This was a great chance to

her daughter, Anne's artistic skills. She called it "Through The Years."

"It was great fun because it brough back so many memories."

Margaret's book recounts how she met Lyman. It was at the bishop's Canterbury Club Christmas party in 1960. Lyman, from Ontario, was a curate at Christ Church Cathedral and a university student.

They began dating after Christmas and soon realized they'd actually met earlier at a restaurant in St. Andrews where Margaret was working.

At the time, a group of clergy — all older, whitehaired men, with one exception — was travelling to Grand Manan and stopped for a meal. Margaret remembered admiring the one exception, and Lyman remembered the blonde waitress.

After they began dating, "we knew fairly soon we were destined to be together."

#### ZEALAND

The book highlights her memories of the six parishes, beginning with Zealand.

"I moved there when I was 23 years old," she said. "This was our first home. I didn't know anything about housekeeping or cooking. The ladies taught me so much. I'm very grateful for them." <text>

DIANA FERGUSON PHO

**MARGARET HARDING**, at home in Peterborough, holds her autobiography she entitled 'Through The Years.' She wrote it as a way to record and highlight the life of a clergy wife.

remembers both the canon and his housekeeper, Molly. The two went to Alberta to attend a wedding, but by the time they got there, it had been called off. Seizing the moment, Canon Franchetti asked Molly to marry him. They came for a wedding, and they got one, said Margaret.

The Hardings' third daughter was born in Edmundston, and Margaret has many happy memories of fundraising for the church and the many recipes, arts and crafts she colworked out well.

This was where Margaret resurrected her teaching career. She was given a remedial class of children who all had disabilities of some sort. She was unprepared for how difficult the work was.

"I was a clergy wife, a teacher in a demanding role and a mother," she said. "I attribute [any success] to God's strength."

After the initial adjustment, she began to love her job, and taught for three years before ents — they were all channels that God worked through."

#### KINGSTON

Margaret loved the history in the Parish of Kingston. They were there when the parish celebrated its 200<sup>th</sup> anniversary. Among the many dignitaries was a bishop from South America visiting the diocese who attended the anniversary.

On the day of the huge celebratory dinner, Margaret left work early, went to the grocery store, picked up the children, caught the ferry home and arrived a bit disheveled — just as people were gathering. The warden helped her in with the groceries, and she flew upstairs to freshen up, then came down to dinner. A few minutes later in the parish hall, a guest told her how lovely she looked. 'You should have seen her 10 minutes ago!' was the warden's response.

get that done, when we were limited in what we could do, so I sat down pretty much every day and wrote," said Margaret. She covered her early years, young adulthood, the six parishes she and Lyman served in, and her retirement years.

"It's the story of my life, written mostly for my family, but I put one in the archives as well," she said.

The end product is a spiral bound book with a portrait of her on the back, courtesy of Zealand is where Margaret and Lyman welcomed two daughters. She also noted that their telephone was a crank model, with 20 people on the same line. Lyman opted for a private line after a short time, she said.

#### EDMUNDSTON

Lyman replaced Canon Franchetti in the Parish of Edmundston. Margaret fondly lected while living there.

### ST. STEPHEN

Parish number three was Margaret's home of St. Stephen. As a child, she remembered walking past the rectory, seeing a well-dressed little girl in the doorway, and thinking, 'rich people live there.' That rectory would become her home many years later.

Lyman was concerned her family connection might complicate matters, but it actually they left St. Stephen.

### WOODSTOCK

"We loved all our parishes and I always found the people very accepting," she said, adding the women of Woodstock were especially so.

She taught at a school for children with special needs for six years.

"I loved working with those children," she said. "It was a very rewarding period of my life. My co-workers, the par-

Projects continued on page 13

# PANDEMIC PROJECTS

# Pandemic projects: Margaret Harding, 'Through the Years'

Projects continued from page 12

#### **TRINITY, SAINT JOHN**

Moving to Saint John allowed her to keep her teaching job in Quispamsis, which was a blessing to Margaret.

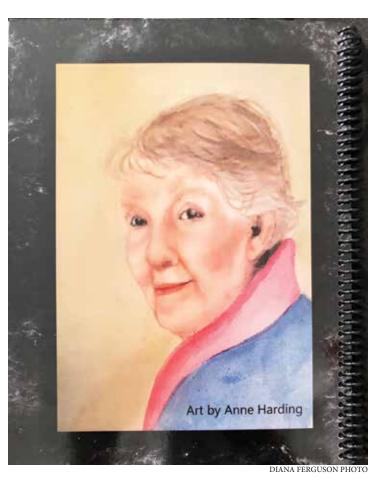
She remembers a parish for which Loyalist history and music were highlights and the UK Yorkminster Choir came to perform. Trinity parishioners were invited to visit Yorkminster and a few years later, several, including Margaret and Lyman, made the trip.

It was at this time that Lyman and the (now) Rev. Canon Chris VanBuskirk began an organization focussed on the children of the city: Inner City Youth Ministry, which continues that important work today.

#### RETIREMENT

It was in 1998 that both Margaret and Lyman retired and moved to St. Stephen. They were blessed to have their daughter and her husband also living there. Their only grandchildren, boy and girl twins, were born there and were eight years old when their father joined the RCMP and was posted to British Columbia.

In 2009, Margaret was seriously ill with a blood clot



— so ill the doctors told her

she might not live through the

Lyman, assuming God would

like to move back to Ontario,

since two of their daughters

lived in Toronto.

night. It was then that she asked

bless her with more time, if he'd

Lyman was thrilled, Mar-



**ABOVE: SOME OF THE** Newfoundland mittens Margaret has knit in the past two years. LEFT: The back cover of Margaret's book features her portrait drawn by her daughter, Anne.

many times God's hand guided her, beginning in childhood. Her mother, she said, talked to her about Jesus and encouraged her to talk to him.

"All through the years, God has directed me to do certain things and make certain choices — ever since I was a little girl," she said. "I've never known a time when I didn't know Jesus was my friend."

When pandemic rules did not allow her girls to visit, the family — Margaret, her three

girls and two grandchildren - would connect over Zoom every week.

She hopes her pandemic project might inspire others to leave the gift of recorded memories to their families.

"God has been so good, and as a result, life has been good to me, and," she said, adding Mother Theresa's words have long guided her: 'We can't all do great things, but we can all do little things with great love.'



garet survived, and they chose

a condo in Peterborough in

to a retirement residence,

place for her, she said.

which to settle. After Lyman's

death in 2017, Margaret moved

which she loves. It's the perfect

In preparing her autobiog-

raphy, Margaret recounted the

# C O M M E N T A R Y



SANDER VAN GINKEL ON UNSPLASH.COM

**JESUS PREACHED COMMUNITY**, not competition — a difficult lesson after the world just watched the Olympic Winter Games in February, where winning was the object of every sport.

# We don't have to play life's silly games

Games continued from page 7

belongs to you, do not demand it back. Do to others as you would have them do to you."

These words are permanently revolutionary. "Love your enemies" indeed.

Every time I hear those words, they seem unprecedented, like I've never heard them before. Jesus preaches a way of life that cuts across every proud, selfish human instinct that we have.

Jesus preaches community, not competition. He preaches mercy, not judgement. He preaches giving, not taking. He preaches love, not envy.

He tells us that we should wake up from the familiar and persuasive lie that seems to govern so much of our world: that life is like a game of Monopoly, or like the Olympic Games, and that, in order for were always meant to be. Listen again to what Jesus says:

"Do not judge, and you will not be judged. Do not condemn, and you will not be condemned. Forgive, and you will be forgiven. Give, and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap. For with the measure you use, it will be measured to you."

I don't play Monopoly. I tried it once, but I found the rules complicated and the game too long to play. But I did watch the Olympics on TV, and for the most part it was interesting. But I am sometimes aware of a conflict within me.

I feel like I'm supposed to care who wins, because the competitors certainly do.

But I don't want to care who wins. If there's a hockey game between Finland and the Czech Republic, I enjoy watching because I used to play hockey, and I understand the game, and everyone on the ice seems to be having a good time. watching the game, I bought into the big lie: that this was not just a game, but this was life, and it mattered.

Only at the end of the game, when the camera turned from the rejoicing Canadians to the devastated Americans, did I realize that I had fallen, one more time, for the big lie: that we win only when someone else loses.

But why should I enjoy seeing 20 young American woman devastated by a 3 -2 loss to the Canadians?

"It's only a game," I yelled at the television. "It's only a game." But really I was just yelling at myself.

I don't want to ruin the pleasure any of you had in watching the Olympics, or in playing Monopoly. I only want us to know that this is not the world we are meant to live in. This is not the kind of life we are meant to live.



Lunch Connection (a project of Inner City Youth Ministry) provides subsidized lunches to ~400 children, 3 days per week. That's more than 40,000 lunches in paper bags each school year!

We are working to reduce our environmental impact and make sure your donations are put towards what's most important...what goes in those lunch bags!



Help us sew simple reusable drawstring bags to replace the disposable paper ones, or donate fabric for others to use!

In order to ensure the bags can be washed between uses, we will need at least 1200 cloth bags!



The sewing pattern for the bags is available on our Facebook page Finished bags & fabric donations can be dropped off at Stone Church (87 Carleton st. Saint John) from 8:30 am-11:30 am Monday-Friday or contact us at info@icym.ca or 647-9813

Second pick-up location: Cathedral Memorial Hall, 168 Church St., Fredericton. 9 a.m.-12 noon Monday-Friday.

us to win, other people have to lose.

Nonsense, Jesus says. There is, instead, the Kingdom of Heaven, which can be claimed by every one of us, right here and right now.

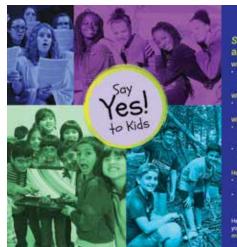
In this Kingdom you receive only by giving. You win only by helping others win. You don't need to be envious or afraid.

You don't have to waste your life comparing yourself to others. You are, in fact, free, free to become the person you But I didn't enjoy watching the women's championship game between Canada and the U.S. Like everyone else in the country, I wanted the U.S. to lose.

Players on both sides described their rivalry as a war, in which they wanted to destroy the enemy. And, at least while I was We are, instead, created to become citizens of Heaven. And in that Kingdom, only love is real. Listen once more to what Jesus says: "Love your enemies Do

"Love your enemies. Do good to them. Lend to them without expecting anything back. Then your reward will be great, and you will be children of God."

The Rev. Andrew Horne is priest-in-charge in the Parish of Gagetown, and the Parish Cambridge & Waterborough.



ANGLICAN

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Help our church grow a brighter future for young people, today! Yait anglicard sundation, org/say-yes-to lists

# Hard rock group Skillet grows with Dominion release

Killet has had a problem. Their fantastic 2006 release, *Comotose*, was such a well-received album that the band has been accused of trying to remake it ever since.

Indeed, so many songs on subsequent albums used parts of that formula. Even in Christian-themed music, lightning rarely strikes twice.

And what was that formula? Hard-driving, heavy-distorted guitar-driven songs with a great beat, featuring lyrics that speak of triumphing over something out to get you.

Add lead singer John Cooper's voice, with drummer Jen Ledger's excellent and cutting vocal echo, and you get the idea.

These elements are here on the new album, but they come with something new: growth and diversity. There are new ideas, new techniques, new sounds, new song forms. Skillet has matured, and the music benefits greatly. *Dominion* is one of Skillet's best albums in quite a while.

But you have to like hard





rock to like them. If you are in to reflective music that is quieter, more reserved in nature, with basic instruments and simple song structures, you won't find that much here.

Skillet has shown a great willingness to open things up. The songs are more expansive, and the band seems to enjoy playing the music as much as backing the vocal.

While the lead track, "Surviving the Game," may not have been the best choice for opener (it is much like so many other songs), the titular song might just be the best one on the album.

It's a great song. It has energy. It has a great melody. It has lots to hear. Fans will put this on repeat.

Just as quickly comes a ballad called "Valley of Death" (yes, based on Psalm 23). It opens quietly, yet builds in a consistent way that reflects the growing power of dependence upon God in the lyrics.

Skillet was never a lyrical treasure chest of words, but I love lines like "Say you won't forget me / Cause sometimes I don't believe that / I am not alone in the Valley of Death."

This song, to me, shows the matured songwriting skill that Skillet has gained. Humility is something new, and something most welcome.

"Beyond Incredible" is a typical song on the album — a strong tune, fast tempo, and great musicianship. One can get lazy and not recognize just how good a drummer Jen Ledger is, and for that matter, how good a guitarist Seth Morrison is.

It's not the guitar effects and loud volume; the guy can play! "Destroyer" is a song that really shows off his ability.

Another highlight is a duet, "Forever Or the End" with Copper and Ledger, in which the song, and the performance, collectively hit it out of the park, so to speak. It's a song about the strain of relationships, how hard it can be, and what it might take to make things better.

The lyrics are vulnerable, and come from a deep place. This is new ground for Skillet, in many ways - "You got me on defense cause just beyond my pretence / I'm afraid I'm disappointing you / I've still got some hope in my heart / But I don't know where to start."

But it's the last track that brings the album home, and can leave the listener wondering, "what did I just hear?" (in a good way!).

"White Horse" starts off in a strange kind of muted, distorted rap about the Book of Revelations. Part rap, part declaration, part dare, the song speaks of the power of the King.

"I am the earthquake / Armies shake at my name ... Do you want peace or war when / Heaven's force comes riding on a white horse?"

It's jarring, and powerful, leaving the listener perhaps somewhat unsettled as the album closes. That's also something new for Skillet.

If you were a fan of hard rock, had liked Skillet, but were about to write them off as too repetitive, don't. *Dominion* may look like all the recent Skillet albums, but there are new things to hear on this project.

The Rev. Chris Hayes is a musician as well as a priest serving in the Parish of Salisbury and Havelock.



Dr. Robert Caddick, organist at St. Philip, Moncton

Favourite book of the Bible - Matthew

Birthplace – Coseley, UK

What you love most about God – He has blessed me with the gifts of mu-

# Episcopal Announcements

The Rev. Ann Fairweather has been appointed honorary assistant in the Parish of Coldbrook - St. Mary.

The Rev. Canon Albert Snelgrove will resign as in-



cumbent of the Parish of New Maryland (with shared ministry in the Parish of Fredericton Junction), effective May 31.

# Looking for

Favourite place on Earth – Coast to Coast hiking trail in Northern England, which stretches from the Irish Sea to the North Sea Farthest you've been from home – New Zealand Favourite meal or dessert – Meat, potatoes, two vegetables Hidden talent – Paint by numbers Favourite movie or book – Harry Potter Your hobby – Year-round biking, bridge, sudoku, gardening, birdwatching Three things always in your fridge – Onions, eggs, cheese Favourite sports team – Same as Archbishop David: the Wolverhampton Wanderers

diocesan news? You'll find it all at https://nb.anglican.ca/ News, events, resources, ministry, stories, staff contacts and much more!

This is another in a series entitled *Faith In Action: Building Hope For Tomorrow In The Face Of Climate Change*, put together by the Ven. Kevin Stockall, Hannah Westner and Andrew Mathis, all of the Parish of St. Mary, York in Fredericton, with the help of additional guest writers.

The series sprang from a helpful book study last spring on Jim Antal's *Climate Church; Climate World*. The series hopes to explore the role that Church must play as part of humanity's response to the climate crisis, offering theological and scientific background as well as practical tips and advice.



# Not My Circus? Kabash

Guest author: Kevin Stockall

And God said to them, "Be fruitful and multiply and fill the earth and **subdue** it and have dominion over the fish of the sea and over the birds of the heavens and over every living thing that moves on the earth." ~ Genesis 1:28

The second word that we need to look at from the Book of Genesis is the word *kabash*, which is even less common than *radah*, so we must be very careful about its meaning.

Kabash is translated in a variety of ways:

- 'subdue' etc. 8 times
- related to 'bondage' 2 times
- related to 'subjection' 2 times
- 'force', 'keep under' 2 times.

But, to better understand its meaning we need to look at other Hebrew words which can be translated as 'subdue' or 'bring into subjection', such as: *chashal* (to make feeble), *kana* (to humble), *kara* (to cause to bow), *shephal* (to make low), *lachats* (to press or crush). All these speak of subduing something against its own nature or will. In one form or another they all speak of conquest.

By contrast, *kabash* is mainly used to speak of how God subdues the land; not by humiliation or force, but by making things as they should be, by *shalom* (peace). That is, subduing something **in line with its nature** and **for its own good** and for the good of all else; not in the way that a tyrant crushes a revolt, but in the way that a parent with a crowd of noisy children, calms them down – subduing them – and they become happier as a result.

If this is true, then humanity's subduing of the creation implies effective action to bring it into the state that it should be – a state of dynamic balance and peace in which blessing emerges. And if we understand the text correctly, in God's plan human beings are a necessary part of this process.

We're not given a mandate to oppress creation or destroy it or deny its nature, destructively treating creation and its creatures as mere resources. Like *radah*, *kabash* speaks of how we are given the responsibility of subduing what God has made for the good of the things being subdued, rather than just for our own convenience or pleasure.