



RISE UP Against Domestic Abuse is Mothers' Union campaign to raise awareness about domestic abuse. We are working with our members to ensure that as many churches as possible have information about their local domestic abuse helpline.

The letters of **RISE UP** stand for
Respond, Inform, Support,
Empower, Unite and Pray.

Mothers' Union is a global Christian movement working with people of all faiths and none to strengthen families and advocate for change. Our 4 million members are active in 83 countries and work tirelessly to serve their communities to build a future where everyone thrives.

Mothers' UNION
Christian care for families

Adapted from the original brochure created by Rev.
David Turner, Saint Paul's Anglican Church –
Hampton, NB.

If someone discloses abuse to you,
you should:

Respond

Respond to a disclosure of abuse
with compassion and calm.

Inform

Inform the person where they can get help.
If a person is in immediate danger call **911**, otherwise
direct them to **211**, where they can receive immediate,
bilingual and confidential support.

Support

Support in a safe manner, listen and believe.

Empower

Empower them to grow and heal.

Unite

Unite the members of Mother's Union and churches to
help end domestic abuse.

Pray

Pray for all affected by domestic abuse.

IMPORTANT Do not tell a victim to "just leave."

Other people know their own lives better than we do.
A survivor might be in more danger if they leave.
Leaving an abuser is a process, and it often can't
happen as quickly as we'd hope.

Suggestions for how to observe the 16 Days of Activism against Gender-Based Violence



Nov. 25th – Dec.10th

Day 1 – Nov. 25 (International Day for the Elimination of Violence against Women)

Research & support the White Ribbon
Campaign, engaging men and boys in
the struggle to end all forms of gender-
based violence.

www.whiteribbon.ca

Day 2 – Nov. 26

Pray for the work of Sexual Violence
NB.

<https://svnb.ca/en/>

Day 3 – Nov. 27

Pray for a local transition house in their
mission to provide a secure-safe setting
for abused women and their children.

- Women in Transition

Day 4 – Nov. 28

Pray for all first responders dealing with Victims of gender-based violence.
(Police, medical staff...)

Day 5 – Nov. 29

Pray for youth who have been subject to Gender-Based Violence and/or Family Violence.

Day 6 – Nov. 30

Pray for local domestic violence outreach centres and second-stage housing facilities.

- Liberty Lane Domestic Violence Outreach

Day 7 – Dec. 1

Pray for an end to gender-based violence internationally. If you know of a specific initiative, pray for that.

Day 8 – Dec. 2

Pray for Missing and Murdered Indigenous Women and Girls, their families and their communities.

- Gignoo Transition House

Day 9 – Dec. 3

Talk to someone about GBV (Gender Based Violence). Post something on social media.

Day 10 – Dec. 4

Pray for the elderly, and the supports available to them.

Day 11 – Dec. 5

Remember **Thursdays in Black**, challenging attitudes that lead to violence and rape.

Day 12 – Dec. 6

Research and remember in prayer the victims of the 1989 massacre of 14 women at Ecole Polytechnique in Montréal.
www.thecanadianencyclopedia.ca/en/article/polytechnique-tragedy

Day 13 – Dec. 7

Pray for women experiencing homelessness.

Day 14 – Dec. 8

Pray for women who for various reasons are suffering from isolation.

Day 15 – Dec. 9

Pray for the survivors, victims and perpetrators of domestic abuse.

John 13:34

Day 16 – Dec. 10 (International Human Rights Day)

Pray for LGBTQIA2S+ people.

Galatians 3:28

Mother's Union Cathedral Branch has:

- Supported Mother's Union Worldwide.
- Supported the Multicultural Association of Fredericton (MCAF).
- Created, and provide items for, three food cupboards in Fredericton and surrounding areas.
- Support the Pause Tables at the University of New Brunswick.

For more information on the work of the Mother's Union against gender-based violence visit the Mother's Union website or talk to a member!

<https://www.mothersunion.org/>